

Simi Valley Council On Aging (COA) Monthly Meeting

Agenda

Monday, January 12, 2015

1:00 p.m.

Simi Valley Senior Center

3900 Avenida Simi, Simi Valley, CA 93063

1. Call to Order and Pledge of Allegiance
2. Roll Call
3. Agenda Review
4. Approval of Minutes
5. Report of COA Chair
6. Representative Reports
 - A. City Council Liaison
 - B. Deputy Director/Community Programs and Facilities
 - C. Senior Services Manager
 - D. Ventura County Area Agency on Aging
 - E. Simi Valley Community Council
 - F. Simi Valley Transit
 - G. Task Force On Homelessness
 - H. California Senior Legislature
7. Presentations
Wayne Templeton Volunteer of the Year Award
8. Public Statements
This is the time reserved for citizens who wish to make public statements or comments on items within the subject matter and jurisdiction of the COA.
9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports
 - A. Officer Reports
 1. Vice Chair
 2. Treasurer
 3. Corresponding Secretary
 - B. Liaison and Program Manager Reports
 1. Speakers Bureau Program Manager
 2. Senior Share Liaison
 3. Housing Liaison
 4. Lifeline Liaison
 5. Meals On Wheels Liaison

Council On Aging Mission Statement

The mission of the Simi Valley Council On Aging, an advisory body elected by senior citizens and appointed by the Simi Valley City Council, is to identify the needs of senior citizens in this community. The Council On Aging serves as an advocate to support programs and services providing seniors with maximum independence, safety, and quality of life.

- C. Ad Hoc Committee Reports
 - 1. Dance Committee
 - 2. Finance Committee
 - 3. Expenditure Priorities Committee
 - 4. Bingo Bonanza Committee
- 10. Continued Business – None.
- 11. New Business
 - A. Discussion/Action of the Finance Committee recommendation to spend a maximum of \$2,000 to replace the amplifier for the sound loop in the Multipurpose Room.
 - B. Discussion/Action on the Finance Committee recommendation to spend a maximum of \$20,000 from the previously approved \$70,000 for grant requests to repair and replace equipment for the sound system in the Multipurpose Room.
 - C. Introduction of the candidates for the COA Executive Board.
 - D. Open election by the COA general membership to recommend four candidates for the COA Executive Board.
 - E. Discussion/Action by the COA Executive Board to make a recommendation to the City Council to appoint the candidates elected by the general membership.
- 12. Announcements of Upcoming Events
- 13. Suggestions of Agenda Items for the February 9, 2015 meeting
- 14. Adjournment

/s/ _____
Rob Bruce
Deputy Director/Community Programs & Facilities

If any individual has a disability that may require accommodation to participate in this meeting, please contact the Simi Valley Senior Center at (805) 583-6363. Upon advance notification of the need for accommodation, reasonable arrangements will be made to provide accessibility to the meeting.

DRAFT MINUTES

1. Call to Order and Pledge of Allegiance – Toni Olson called the meeting to order at 1:00 p.m. David Kennedy led the Pledge of Allegiance.
2. Roll Call – Members present were Al Fournier, Fred Goldberg, Richard Harper, David Kennedy, Sharon McCann, Toni Olson, Kenneth Sinn, Frank Sinsheimer, and John H. Williams.
3. Agenda Review – By consensus of the Executive Board, the agenda was approved as presented.
4. Approval of Minutes - The minutes of November 10, 2014 were approved by a consensus of the Executive Board.
5. Report of COA Chair – Chair Toni Olson wished everyone happy holidays. She also thanked the Vice Chair Frank Sinsheimer for acting as Chair at the last COA meeting and thanked the Executive Board and COA members for their service to senior programs.
6. Representative Reports
 - A. City Council Liaison – Council Member Mike Judge announced that a tree lighting ceremony was held at the Simi Valley Town Center. He also said that a swearing-in ceremony would be held for newly elected School Board members on December 9 and for the City Council Members on December 15, and that both events would be held in City Council Chambers.
 - B. Deputy Director/Community Programs & Facilities – Rob Bruce stated that the Request for Proposals for the renovation of the Senior Center kitchen is out and bids are due by December 22, 2014. He also announced that the Ventura County Area Agency on Aging (VCAAA) funding for the Senior Nutrition program to purchase new equipment and to increase the number of meals.
 - C. Senior Services Manager – Laurie Dickinson announced a Senior Scam Stoppers seminar is scheduled for December 9 at the Senior Center and the Simi Valley Police Department would be participating. She also encouraged members to fill out the VCAAA Community Snapshot questionnaire which is a survey to determine the needs of older adults, caregivers, and persons with disabilities in Ventura County. Copies were available at the sign-in table.

- D. Ventura County Area Agency on Aging Representative – Toni Olson mentioned that \$30,000 in funding was awarded to the City of Simi Valley Senior Nutrition program to be used to fund additional meals, purchase a commercial mixer, a stove, thermal warming bags, and marketing materials for the program.
 - E. Simi Valley Community Council – David Kennedy stated that the Council is now meeting at the Posada Royale Hotel. Senior Services Manager Laurie Dickinson spoke at the last meeting about the funding sources, structure, and programs available at the Senior Center.
 - F. Simi Valley Transit – Transit Superintendent John Webster announced that the Paratransit Advisory Committee would meet on January 15, 2015 at the Senior Center at 3:00 p.m.
 - G. Task Force on Homelessness - June Marie Von Osinski informed members that the camps in Simi Valley, where many homeless currently live, are going to be removed. Caseworkers from health and social service agencies have been visiting the camps to provide services for the individuals living there. She also told members that citizens can call (805) 583-6161 to receive assistance from Community Liaison Officers who deal with community based concerns that require long term solutions.
 - H. California Senior Legislature - Bill Witt gave a comprehensive report on the purpose and function of the California Senior Legislature. He distributed the 2014 California State Senate Report Card which tracks how representatives vote on key bills for seniors. He also reminded members that there is an area on your state tax return where you can choose to donate a portion of any refund, to fund this program that advocates for seniors.
7. Presentations
- A. Volunteer of the Month – Laurie Dickinson awarded the Volunteer of the Month Award to Cheryl Talbot for her piano accompaniment in the Multipurpose Room.
 - B. Home Share Program – Representatives from the VCAA Home Share Program announced that they will be opening an office in the east end of the county, at the Simi Valley Senior Center beginning in January 2015. This program provides references and develops matches between local residents who would like to rent out one of their spare rooms and people looking for a place to live. Many times, these matches involve seniors and include an exchange of services for reduced rent, such as housekeeping duties or transportation.

8. Public Statements

A COA member thanked staff for repairing and upgrading the hearing loop system in the Multipurpose Room for the hearing impaired. Then a representative from the City of Ventura Council on Aging gave a brief summary on the importance of emergency preparedness. COA member Jean Bennett presented a check for \$475 to the COA, received as a result of volunteers working the polls during the recent election. COA member Bill Witt announced that the YMCA is selling Christmas trees, with the monies raised going towards funding scholarships to YMCA programs. He then invited members to visit the Reagan Presidential Library to view the Christmas tree exhibit. Toni Olson asked members to sign a get well card for volunteer Jean Cecil, who had fallen and broken her hip last week at the Senior Center.

9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports

A. Officer Reports

1. Vice Chair – Frank Sinsheimer had no report.
2. Treasurer – Sharon McCann reported that things were going well and on budget.
3. Corresponding Secretary – Ken Sinn stated he sent a thank you letter to Ronn Nelson for his donation, in memory of his wife Virginia Nelson, of a bench for the patio, and to students who made placemats for the Thanksgiving Dinner.

B. Liaison & Program Manager Reports

1. Speakers Bureau Program Manager - John Williams had no report.
2. Senior Share Liaison – Joe Beautz announced there are now 104 recipients. He said he received a \$250 donation which he will use to buy holiday gifts for clients, who were not on the list when holiday gift suggestions were solicited. He also informed members that during inclement weather they will distribute food at the north entrance. He also expressed concern about how Senior Share would function during the kitchen renovation and Senior Services Manager Laurie Dickinson reassured him they would work it out.
3. Housing Liaison – Judy Pepiot reported on the Affordable Housing Subcommittee meeting with Cabrillo Economic Development.

4. They requested a \$300,000 predevelopment loan to augment funding for a 31 unit senior apartment complex on Katherine Road which contains affordable units. The Committee voted to recommend that City Council approve the request, subject to the developer providing 13 carports. Construction is expected to begin immediately following City Council approval. She also informed members that the 17 acre parcel on Madera Road at Los Angeles Avenue has been purchased by Landsea Group and the plans will include single family and senior living units.
5. Lifeline Liaison – No report.
6. Meals On Wheels Liaison – Ed Mazeika reported that the program is serving 143 clients and 2,551 meals were delivered last month rain or shine. He also said that eligibility assessments will begin in December.

C. Ad Hoc Committee Reports

1. Dance Committee – Chair Richard Harper advised members that many of the New Year's Eve, Eve dance tickets will be sold at the Holiday Dance held on December 12 and urged members to purchase their tickets.
2. Finance Committee – No report.
3. Annual Fund Drive Committee – No report.
4. COA Executive Board Nominating Committee – John Williams announced the names of the four candidates: Barbara Durham, Fred Goldberg, June Marie Van Osinski, and Jean Cecil. The election will be held at the January COA meeting where candidates will give a short presentation.
5. Wayne Templeton Volunteer of the Year Committee – Don Novell was not present, but Senior Services Manager Laurie Dickinson informed members he has put together a committee which will review the nominations.
6. Expenditure Priorities Committee – Chair Barbara Durham announced the Committee's name was changed to better explain its purpose. She said they met this morning and the COA bookkeeper Don Novell reviewed COA expenditures over the last three years. They voted on recommending a spending limit of \$70,000. The committee will meet again after the January COA meeting and COA members are welcome to attend.

10. Continued Business - None.

11. New Business

A. Discussion/Action on the approval of the 2015 COA Calendar of COA Events

A motion was made by David Kennedy and seconded by Fred Goldberg to approve the COA Calendar of Events for 2015.

Audience	14 Ayes	0 Noes	0 Abstentions
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Board	8 Ayes	0 Noes	0 Abstentions
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The motion passed.

B. Discussion/Action on the appointment of the approval of a monetary limit for the Expenditure Priorities Committee

A motion was made by John Williams and seconded by Sharon McCann to approve a \$70,000 monetary limit for the Expenditure Priorities Committee.

Audience	13 Ayes	0 Noes	1 Abstentions
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Board	8 Ayes	0 Noes	0 Abstentions
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The motion passed.

C. Discussion/Action on sending a letter of support for Senior Concerns to Caltrans to fund 50% of the operating costs of a van, designated to transport seniors from Simi Valley to the Senior Concerns Adult Day Center in Thousand Oaks.

A motion was made by Fred Goldberg and seconded by Ken Sinn to provide a letter of support for Senior Concerns.

Audience	15 Ayes	0 Noes	0 Abstentions
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Board	8 Ayes	0 Noes	0 Abstentions
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The motion passed.

12. Announcements of Upcoming Events

- A. Holiday Boutique on December 9, 10 & 11 from 9:00 a.m. to 1:00 p.m.
 - B. COA Holiday Dance, December 12 from 7:30 p.m. to 10:00 p.m.
 - C. New Year's Eve, Eve Dance, December 30 from 7:00 p.m. to 11:00 p.m.
13. Suggestions of Agenda Items for the Monday, January 13, 2015 meeting – None.
14. Adjournment – The meeting adjourned at 2:33 p.m.

CALIFORNIA SENIOR LEGISLATURE

Priority Proposals for 2015

AP-4 Personal Income Tax: Voluntary Contribution: California Senior Legislature

To enact legislation that would allow filers of corporate tax returns or partnership returns support the California Fund for Senior Citizens.

Provides a three year moratorium on removing voluntary contribution funds from tax return forms.

Allows the Franchise Tax Board to provide the donor's contact information to the fund that they have supported so that the donor can be thanked and provided with information regarding the fund or program. (Existing privacy laws prevent the franchise tax board from releasing donor information.)

That the name of the fund be changed from the "California Fund for Senior Citizens" to "California Senior Legislature."

AP-11 Prescriptions: Purpose of Medication: Labeling

Currently, state law requires a prescription, written by a physician or other prescriber to include directions for use of the prescribed drug and, if requested by the patient, a clear notice of the condition or purpose for which the drug is being prescribed.

This law would require all prescribers to include the purpose of the medication in prescriptions so that the prescription drug label may include that purpose, unless the patient or the prescriber requests this information be omitted.

SP-9 Silver Alert Program

In 2013 the legislature enacted a law provides that a missing person, 65 years of age or older, the law enforcement agency may request the California Highway Patrol to activate a Silver Alert. Since inception, the alert has been activated 160 times, resulting in 149 individuals recovered. This law will "sunset" on 1/1/2016.

This legislation would delete the repeal of these provisions and make the Silver Alert Program permanent.

SP-13 Health Care: California Death with Dignity

Existing law provides that every person who deliberately aids, advises, or encourages another to commit suicide is guilty of a felony.

This act would authorize adult California residents who are mentally competent and terminally ill to make a request and receive medication for the purpose of ending their lives in a humane and dignified manner, as specified; not classify any action pursuant to the act as suicide or homicide; provide immunity from civil or criminal liability or professional disciplinary action to any person, hospital, or health care facility that complies in good faith with the act.

AP-6 Health Care: Dementia Training

Under existing law, medical professionals, such as registered nurses and physicians, are required to attend a specified number of hours of continuing education to maintain their licensure.

This measure would require paramedics, emergency medical technicians, and hands-on care giving hospital staff, as a part of their continuing education, create dementia training guidelines from specified entities.

AP-5 Fall Risk Screening: Education for Health Care Providers

Under existing law, Medicare provides coverage for a mandatory falls risk assessment for adults 65 years of age or older to be included in the “Welcome to Medicare” examination. Medicare also provides for an annual preventive care visit which requires a health risk screening.

This legislation would require the State Department of Public Health to develop and implement a fall risk screening education program aimed at health care providers and administrators, require the State Department of Public Health to work with the California Medical Association to have fall risk reduction, fall risk screenings, and assessments made part of the required continuing education for physicians, and encourage health care providers to conduct a simple fall risk screening on all older adult patients to ascertain which patients should be referred for more in-depth assessments to determine the causes of their elevated fall risk.

AP-13 Identity Theft

Existing law provides that every person who willfully obtains personal identifying information of another person and uses that information for any unlawful purpose is guilty of a crime, punishable by a fine and/or imprisonment up to one year.

This legislation would impose a 2-year punishment enhancement for a felony conviction of these provisions when the crime is against a victim who is 65 years of age or older.

AP-23 Elder-Friendly Courts

California Superior Courts in the counties of Alameda, Contra Costa and Ventura have successfully implemented programs designed to address elder abuse.

This law would provide training to judges and court staff to recognize and appropriately respond to elder abuse, scheduling specific time frames that are accommodating to the elderly, including a floor level witness box, enhanced communication devices and large font pleadings. This legislation would direct the State to appropriate the funding necessary to establish and maintain in each county of the State at least one elder-friendly court that elder victims can easily access.

AP-29 MediCal: Long-Term Care: Personal Needs Allowance

Existing law generally requires a MediCal recipient residing in a nursing home to pay to the nursing facility, as his or her share of the cost, less a personal needs allowance of \$35 per month. This amount was established in 1984, and has not been increased since that time whereas the inflation rate of the past 30 years has been 128%. Such personal needs allowance would cover the cost of haircuts, clothes, personal care items, reading materials and postage.

Further, that the personal needs allowance would be adjusted based on last year's consumer price index.

SP-1 Alzheimer's Disease: Prevention and Early Intervention Programs

Under existing law, known as the Mental Health Services Act, an initiative measure enacted by voters as Proposition 63, funds specified county mental health programs designed to prevent mental illness from becoming severe and disabling and to provide access and linkage to medically necessary care for adults and seniors with severe mental illness.

The proposed legislation would make funds available, or clarify that Mental Health Services Act funds may be used for programs that provide education, prevention, and early intervention programs and services with respect to Alzheimer's Disease.

Researchers have discovered that it may be possible to prevent or delay the symptoms of Alzheimer's Disease, and other dementia through a combination of healthful habits. Research demonstrates that individuals can reduce their risk of Alzheimer's disease and other types of dementia by leading a brain-healthy lifestyle, which includes regular exercise, a healthy diet, mental stimulation, quality sleep, stress management and an active social life.

Under existing law, Proposition 63 funds specified county mental health programs, including prevention and early intervention programs designed to prevent mental illness from becoming severe and disabling and to provide access and linkage to medically necessary care for adults and seniors with severe mental illness. Proposition 63 is funded by an imposition of a 1% tax on incomes above \$1,000,000 for the purpose of financing new or expanded mental health services. Since 2004, \$9,700,000 have been placed in to the Proposition 63 fund. Five percent of the moneys are required to be devoted to innovative programs, while twenty percent of moneys are required to be spent on prevention and early intervention programs.

This measure would enact legislation that would make funds available, or clarify that Mental Health Services Act funds may be used, for programs that provide education, prevention and early intervention programs and services with respect to Alzheimer's disease.

Health professionals are divided on whether Alzheimer's disease is a physical or mental illness because medical reimbursements are greater for the treatment or diagnosis of physical illness compared with mental illness.

Alzheimer's disease will affect 45 per cent of Californians at 85 years of age. There is no cure yet for Alzheimer's disease. Alzheimer's disease accounts for 50% of dementia cases.

Council on Aging
Balance Sheet *
As of December 31, 2014
Dec 31, 14

ASSETS

Current Assets

Checking/Savings

Bank of America Checking

Drama Club 721.98

Bank of America Checking - Other 6,063.46

Total Bank of America Checking 6,785.44

Bank of America Maximizer 172,014.62

SVSS Endowment Fund 16,221.90

1040 · Petty cash

1041 · Cash Drawer 250.00

1042 · Dance Cash Drawer 100.00

1045 · Parties and Actvy 200.00

Total 1040 · Petty cash 550.00

Total Checking/Savings 195,571.96

Total Current Assets 195,571.96

TOTAL ASSETS 195,571.96

LIABILITIES & EQUITY

Equity

Activities 96,769.50

Discretionary 24,533.29

LifeLine 1,317.68

Meals On Wheels -12,055.55

Reserve 41,806.27

Services & Programs -1,559.11

3001 · Opening Bal Equity 13,402.95

3010 · Unrestrict (retained earnings) 16,374.57

Net Income 14,982.36

Total Equity 195,571.96

TOTAL LIABILITIES & EQUITY 195,571.96

Council on Aging
Profit & Loss
July through December 2014

Jul - Dec 14

Ordinary Income/Expense

Income

4 - Contributed support

4010 - Individual Contribution 5,414.00

4015 - Business Contribution 1,604.85

Total 4 - Contributed support 7,018.85

5 - Earned revenues

5340 - Other investment income 22.43

5450 - Advertising revenues 664.00

5490 - Miscellaneous revenue 13,046.35

5560 - Tickets 7,813.00

5570 - Drawings 355.00

5580 - Table Reservations 4,928.00

Total 5 - Earned revenues 26,828.78

Total Income 33,847.63

Expense

7200 - Contracted personnel services

7220 - Musicians & bands 5,475.00

Total 7200 - Contracted personnel services 5,475.00

8100 - Non-personnel expenses

8110 - Supplies 5,284.95

8112 - Food 241.97

8125 - Video Rentals 120.33

8160 - Equip rental & maintenance 3,000.00

8165 - Equipment Purchase 451.36

8170 - Printing & copying 331.77

Total 8100 - Non-personnel expenses 9,430.38

8500 - Misc expenses

8515 - Grants 500.00

8535 - Participation Fees 40.00

8545 - Mileage 1,008.00

8590 - Other expenses 2,411.89

Total 8500 - Misc expenses 3,959.89

Total Expense 18,865.27

Net Ordinary Income 14,982.36

Net Income 14,982.36

A new proposed development is scheduled for pre-screening before the City Council on Jan 26th at the 6:30 pm meeting at City Hall. At this meeting, council members will decide if the project has merit to move forward through the application/approval process.

(This is my original email message from the applicant on July 20, 2014)

I am submitting a General Plan Amendment Pre-Screening Application to change the zoning on a 9.2 acre parcel from commercial recreation to residential high at Kuhner/Smith Rd. We have decided from both the City's needs and the location of the site that it would be best suited for senior affordable apartments. I came to this conclusion after looking for a place for my grandmother who is currently in her late 80's. I stopped by Vintage Paseo Senior Apartments off of Tapo Canyon. After being greeted by the person in the leasing office, I was notified that the waiting period was to two to three years.

Roshawn Helmandi (Roshawn's family owns the 9.2 acre property of application)

As of Jan 2, 2015, the plans call for about 250 affordable senior units in 2-story buildings with beautiful views & passive walkways (nature) with 3 different floor plans for 1 & 2 bedroom units.

Mr. Helmandi is hoping to use Tax Credits to finance this 100% Affordable Senior Project.

Map below shows location/proximity of Cabrillo's Camino Esperanza approved project for 31 units on Kathrine Rd. South on the left side & this new proposed project on the right.



Judy Pepiot – Housing Liaison, Simi Valley Council on Aging

COA Home Delivered Meals Report - FY1415

	Total Meals	Senior Meals	Service Days	Average Meals per Day	Y -T- D Meals	Unduplicated Clients		Donations Received
						New	Y-T-D	
Jul	2859	2788	22	130.0	2859	12	12	\$ 2,630.50
Aug	2803	2718	21	133.5	5662	10	22	\$ 2,978.50
Sept	2721	2635	22	123.7	8383	10	32	\$ 2,265.00
Oct	3091	3016	23	134.4	11474	13	45	\$ 2,523.50
Nov	2616	2551	20	130.8	14090	9	54	\$ 2,307.50
Dec	3076	2999	23	133.7	17166	14	68	\$ 3,011.50
Jan	0	0	0	#DIV/0!	17166	0	68	\$ -
Feb	0	0	0	#DIV/0!	17166	0	68	\$ -
Mar	0	0	0	#DIV/0!	17166	0	68	\$ -
Apr	0	0	0	#DIV/0!	17166	0	68	\$ -
May	0	0	0	#DIV/0!	17166	0	68	\$ -
Jun	0	0	0	#DIV/0!	17166	0	68	\$ -
Totals:	17166	16707	131	131.04	17,166	68	68	\$ 15,716.50