

Simi Valley Council On Aging (COA) Monthly Meeting

REVISED Agenda

Monday, September 8, 2014

1:00 p.m.

Simi Valley Senior Center

3900 Avenida Simi, Simi Valley, CA 93063

1. Call to Order and Pledge of Allegiance
2. Roll Call
3. Agenda Review
4. Approval of Minutes
5. Report of COA Chair
6. Representative Reports
 - A. City Council Liaison
 - B. Deputy Director/Community Programs & Facilities
 - C. Senior Services Manager
 - D. Ventura County Area Agency on Aging
 - E. Simi Valley Community Council
 - F. Simi Valley Transit
 - G. Task Force On Homelessness
 - H. California Senior Legislature
7. Presentations
 - A. Volunteer of the Month
 - B. Simi Valley Police Chief
8. Public Statements

This is the time reserved for citizens who wish to make public statements or comments on items within the subject matter and jurisdiction of the COA.
9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports
 - A. Officer Reports
 1. Vice Chair
 2. Treasurer
 3. Corresponding Secretary

Council On Aging Mission Statement

The mission of the Simi Valley Council On Aging, an advisory body elected by senior citizens and appointed by the Simi Valley City Council, is to identify the needs of senior citizens in this community. The Council On Aging serves as an advocate to support programs and services providing seniors with maximum independence, safety, and quality of life.

- B. Liaison and Program Manager Reports
 - 1. Speakers Bureau Program Manager
 - 2. Senior Share Liaison
 - 3. Housing Liaison
 - 4. Lifeline Liaison
 - 5. Meals On Wheels Liaison

- C. Ad Hoc Committee Reports
 - 1. Dance Committee
 - 2. Ice Cream Social Committee
 - 3. Bingo Bonanza Committee
 - 4. Fall Arts & Craft Fair Committee
 - 5. Finance Committee
 - 6. Annual Fund Drive Committee

- 10. Continued Business - None

- 11. New Business
Appointment of a COA Executive Board Nominating Committee

- 12. Announcements of Upcoming Events
 - A. COA Dances, September 12 & October 10, 2014, 7:30 p.m. to 10:00 p.m.
 - B. Bingo Bonanza, September 13, 2014, Doors open at 9:30 a.m. and games begin at 11:00 a.m.
 - C. Fall Arts & Craft Fair, October 10 & 11, 2014, 9:00 a.m. to 3:00 p.m.
 - D. Pancake Breakfast, October 11, 8:00 a.m. to 11:00 a.m.

- 13. Suggestions of Agenda Items for the October 13, 2014 meeting

- 14. Adjournment

/s/

Rob Bruce

Deputy Director/Community Programs & Facilities

If any individual has a disability that may require accommodation to participate in this meeting, please contact the Simi Valley Senior Center at (805) 583-6363. Upon advance notification of the need for accommodation, reasonable arrangements will be made to provide accessibility to the meeting.

DRAFT MINUTES

1. Call to Order and Pledge of Allegiance – Vice Chair Frank Sinsheimer called the meeting to order at 1:01 p.m. Chair Toni Olson is on vacation. Ken Sinn led the Pledge of Allegiance.
2. Roll Call – Members present were Al Fournier, Richard Harper, David Kennedy, Sharon McCann, Kenneth Sinn, Frank Sinsheimer, and John H. Williams. Fred Goldberg and Toni Olson were excused.
3. Agenda Review – By consensus of the Executive Board, the agenda was approved as presented.
4. Approval of Minutes - The minutes of May 12, 2014, were approved by a consensus of the Executive Board.
5. Report of COA Chair – Vice Chairman Frank Sinsheimer announced that the COA would not meet during July and August.
6. Representative Reports
 - A. City Council Liaison – Council Member Mike Judge encouraged the members to attend and participate in City Council meetings. Tonight's meeting will address the City budget. He also encouraged everyone to attend the Mayor's Town Hall meeting at the Simi Valley Town Center on Saturday morning. He informed members that the Elephant Bar restaurant would close on June 12. However, a Buffalo Wild Wings restaurant would open soon, and that Arby's is interested in coming to Simi Valley.
 - B. Deputy Director/Community Programs and Facilities – No report.
 - C. Senior Services Manager – Laurie Dickinson reported that Channel 7 and Channel 2 interviewed veteran and purple heart recipient John Shick, about his experiences on D-Day. She also directed the members to the Oral History Project exhibits now on display at the Senior Center.
 - D. Ventura County Area Agency on Aging Representative – Karen Cline explained the Optimal Aging Committee came up with the idea of printing placemats with recipes made with food from the 99 Cents Only Store, to encourage good nutrition for seniors. She discussed phone scams and reminded members not to give out personal information over the phone. Ms. Cline gave the number for the "do not call" designation and the three major credit bureaus, encouraging seniors to check their credit regularly.

- E. Simi Valley Community Council – David Kennedy reported that the Council was holding their President’s Breakfast this Sunday at the Junkyard Café and will not meet during July and August.
 - F. Simi Valley Transit - Transit Supervisor Christopher Latham reported that the next ADA para-transit meeting will be held on July 17, at 3:00 p.m. in Room 106 of the Senior Center. A member asked about the possibility of establishing a fixed route bus stop at Sunrise Senior Living on Tierra Rejada Road. Mr. Latham said he would look into it.
 - G. Task Force on Homelessness - June Marie Von Osinski reported she visited three homeless encampments accompanied by a police officer. She said there were about 60 individuals living there. Ms. Von Osinski said the City will be implementing a process to address these encampments which includes posting signs, informing the residents they will have to relocate, bringing social service staff members to the sites to assist people, getting a “letter of agency” from the property owner to get permission to clear out the camps, posting a three day notice, and then actually eliminating the camps. This will happen in November when the PADS winter shelter is operating.
 - H. California Senior Legislature – No report.
7. Presentations
- A. Volunteer of the Month – Laurie Dickinson presented the award to Ron Erland for organizing and shelving books for the Senior Center Library.
 - B. Adult Protective Services: Social worker Carey Aldava gave a presentation concerning elder abuse and the services Adult Protective Services provide. She explained they serve clients 65 years of age and older, as well as disabled adults 18 years of age and older. Ms. Aldava stated that when a report is received, they have 10 business days to follow up and can only provide services if the adult agrees, except in extreme cases of self-neglect when court conservatorship can be sought. Adult Protective Services does not offer long term case management. Instead, they meet with clients and connect them to appropriate resources. Recently, cases have centered on financial abuse and self-neglect. Ms. Aldava said they receive approximately 2,000 reported cases per year and there are 12 social workers for all of Ventura County. An audience member asked whether they utilize volunteers. Ms. Aldava said they use Master of Social Work interns.
8. Public Statements – Michael Culver of Mobility Management Partners explained they will be receiving grant monies to fund a 2-year pilot volunteer driver program. The program would provide mileage reimbursement for individuals who

transport seniors. Audience members brought up the issue of liability and he explained the senior would be responsible for locating the individual to do the driving. Mr. Culver said he will come to a COA meeting when he has more information.

9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports

A. Officer Reports

1. Vice Chair – No report.
2. Treasurer – Sharon McCann explained the financial report on pages 8 & 9. She said the COA is in solid shape.
3. Corresponding Secretary – Ken Sinn reported that he sent out two acknowledgments for donations, one to Shepherd of the Valley and the other to Amgen.

B. Liaison & Program Manager Reports

1. Speakers Bureau Program Manager – No report.
2. Senior Share Liaison – No report.
3. Housing Liaison – Judy Pepiot told members that she and Laurie Dickinson attended a Senior Housing Forum which was very informative and will be offered at our Senior Center this fall. Ms. Pepiot gave an update on the status of a development project with senior apartments to be located at Cochran and Kadota streets. The project was recommended for approval by the Neighborhood Council #3 and will go forward to the Planning Commission. Ms. Pepiot thanked several of the members for attending the Neighborhood Council meeting in support of the project.
4. Lifeline Liaison – No Report.
5. Meals On Wheels Liaison – Ed Mazioka reported that in the month of May, 13 new clients were added bringing the total number of participants to 146. There are presently 28 volunteer drivers so there is no need for additional drivers at this time. He reported that eligibility assessments will be conducted in June.

C. Ad Hoc Committee Reports

1. Dance Committee – Richard Harper announced that free dance lessons are available prior to the dances, which are the second Friday of each month. He told members this Friday, June 13 is the Senior Prom. He would also like to have new volunteer members for the Committee.
2. Wellness Expo Committee - John H. Williams gave a summary of the May 10 Expo event. He told members there were 72 exhibitors and over 500 visitors. The screenings were very popular and the

carotid artery screenings detected abnormalities in 18 people, who were advised to see their doctor.

3. Ice Cream Social Committee – Ken Sinn told the members that the event will be on Saturday, July 19, from 2:00 p.m. to 4:00 p.m. and is free. They changed the event from Sunday to Saturday this year since Dial-A-Ride service is available then.
 4. Bingo Bonanza Committee – Sharon McCann announced that the next Bingo Bonanza will be on September 13. The Committee will meet sometime in August.
10. Continued Business - None.
 11. New Business – None.
 12. Announcements of Upcoming Events – None.
 13. Suggestions of Agenda Items for the Monday, September 15, 2014 meeting.
 14. Adjournment - Meeting adjourned at 1:58 p.m.

Council on Aging
Balance Sheet *
As of September 2, 2014

	<u>Sep 2, 14</u>
ASSETS	
Current Assets	
Checking/Savings	
Bank of America Checking	
Drama Club	721.98
Bank of America Checking - Other	9,129.27
Total Bank of America Checking	<u>9,851.25</u>
Bank of America Maximizer	157,014.62
SVSS Endowment Fund	16,199.47
1040 · Petty cash	
1041 · Cash Drawer	250.00
1042 · Dance Cash Drawer	100.00
1045 · Parties and Actvy	200.00
Total 1040 · Petty cash	<u>550.00</u>
Total Checking/Savings	<u>183,615.34</u>
Total Current Assets	<u>183,615.34</u>
TOTAL ASSETS	<u>183,615.34</u>
LIABILITIES & EQUITY	
Equity	
Activities	96,769.50
Discretionary	24,533.29
LifeLine	1,317.68
Meals On Wheels	-12,055.55
Reserve	41,806.27
Services & Programs	-1,559.11
3001 · Opening Bal Equity	13,402.95
3010 · Unrestrict (retained earnings)	16,374.57
Net Income	3,025.74
Total Equity	<u>183,615.34</u>
TOTAL LIABILITIES & EQUITY	<u>183,615.34</u>

Council on Aging
Profit & Loss Budget vs. Actual
 July 1 through September 2, 2014

	<u>Jul 1 - Sep 2, 14</u>	<u>Budget</u>
Ordinary Income/Expense		
Income		
4 · Contributed support		
4010 · Individual Contribution	215.00	405.00
4015 · Business Contribution	271.08	296.00
Total 4 · Contributed support	<u>486.08</u>	<u>701.00</u>
5 · Earned revenues		
5490 · Miscellaneous revenue	2,553.00	2,623.67
5560 · Tickets	3,292.00	1,146.00
5570 · Drawings	126.00	124.00
5580 · Table Reservations	2,050.00	800.00
Total 5 · Earned revenues	<u>8,021.00</u>	<u>4,693.67</u>
Total Income	<u>8,507.08</u>	<u>5,394.67</u>
Expense		
7200 · Contracted personnel services		
7220 · Musicians & bands	1,725.00	1,400.00
Total 7200 · Contracted personnel services	<u>1,725.00</u>	<u>1,400.00</u>
8100 · Non-personnel expenses		
8110 · Supplies	1,672.43	2,242.67
8112 · Food	-33.61	0.00
8120 · Advertising	0.00	13.33
8125 · Video Rentals	34.38	51.67
8160 · Equip rental & maintenance	1,000.00	66.67
8170 · Printing & copying	64.18	6.67
Total 8100 · Non-personnel expenses	<u>2,737.38</u>	<u>2,381.01</u>
8500 · Misc expenses		
8515 · Grants	500.00	500.00
8545 · Mileage	403.20	475.33
8590 · Other expenses	115.76	103.33
Total 8500 · Misc expenses	<u>1,018.96</u>	<u>1,078.66</u>
Total Expense	<u>5,481.34</u>	<u>4,859.67</u>
Net Ordinary Income	<u>3,025.74</u>	<u>535.00</u>
Net Income	<u><u>3,025.74</u></u>	<u><u>535.00</u></u>

PD-S-1018 – Senior apartments at 4862 Cochran

This site has been in & out of proposed development since 1999. On Monday, Aug. 11th, a viable project was approved by City Council. The developer has funding & expects to start work within a few months. This site is on an 1.85 acre lot between 2 tall churches. The architecture is beautiful & all city requirements are met, or bettered.

- 50 apartments for age 55+
 - 42 one-bedroom & 8 two-bedroom
 - 4 one-bedroom & 1 two-bedroom are reserved for very low-income seniors
 - 45 units will be Simi Valley's first upscale/market rate senior rental apartments
 - All 50 units meet accessibility/Universal Design standards & will include walk in showers

Thank you to the residents who came to the meeting to fill out cards of support: Tony Olson & husband, Sharon McCann, John Williams & wife, June-Marie VonOsinski, Dena & Dale Kauffman, Larry & Pam Silverman, Michele Bennett & Roshawn Hellmandi.

Next month I will provide a status update on all pending senior housing projects in town.

Judy Pepiot

COA Home Delivered Meals Report

Unduplicated Clients

	Total Meals	Senior	Svc Days	Ave / Day Meals	Y-T-D Meals	New	Y-T-D	Donations Received
Jul	2859	2788	22	130.0	5662	12	22	\$ 2,630.50
Aug	2803	2718	21	133.5	8465	10	32	\$ 2,978.50
Sep	0	0	0	#DIV/0!	8465	0	32	\$ -
Oct	0	0	0	#DIV/0!	8465	0	32	\$ -
Nov	0	0	0	#DIV/0!	8465	0	32	\$ -
Dec	0	0	0	#DIV/0!	8465	0	32	\$ -
Jan	0	0	0	#DIV/0!	8465	0	32	\$ -
Feb	0	0	0	#DIV/0!	8465	0	32	\$ -
Mar	0	0	0	#DIV/0!	8465	0	32	\$ -
Apr	0	0	0	#DIV/0!	8465	0	32	\$ -
May	0	0	0	#DIV/0!	8465	0	32	\$ -
Jun	0	0	0	#DIV/0!	8465	0	32	\$ -
Totals:	5662	5506	43	#DIV/0!	98,777	22	32	\$ 5,609.00