



AGENDA

1. Call to Order/Pledge of Allegiance/Welcome
2. Agenda Review
This is the time to reorder and/or remove items from the agenda by consensus of the Youth Council. Any individual member who will be abstaining from a discussion item should announce his/her intentions at this time.
3. Approval of Minutes of October 19, 2021
4. Correspondence
5. Public Statements/Comments
This is the time allotted for statements or comments on matters within the subject matter and jurisdiction of the Youth Council. Statements and comments are limited to no more than five (5) minutes per speaker.
6. Continued Business
 - a. Discussion of the 2021-22 Youth Council Work Plan
 - b. Discussion of the 2nd Annual Community Reads Program
 - c. Discussion and Selection of Committees to Address the 2021-22 Youth Council Work Plan
7. New Business
8. Representative Reports
Youth Council Reports and Comments
This is the time for Youth Council members' statements or comments on matters within the subject matter and jurisdiction of the Youth Council or to request a future agenda item. This is also the time to make any announcements related to community events and other items of interest.
9. Coordinator's Report



CITY OF SIMI VALLEY

10. Adjournment: Tuesday, November 16, 2021, *4:00 p.m. – 7:00 p.m., *The Ronald Reagan Presidential Library and Museum’s Presidential Learning Center.

*Note the change in meeting location and time.



Anna M. Medina
Deputy Community Services Director

If any interested individual has a disability that may require accommodation to participate in this meeting, please contact the Youth Council Coordinator at (805) 583-6766. Upon advance notification, reasonable arrangements will be made to provide accessibility to the meeting.

DRAFT MINUTES

1. Call to Order/Pledge of Allegiance

Youth Council Chair Rahul Naveen called the meeting to order at 5:01 p.m. and Youth Council Secretary Ella McCrossan took attendance, verifying that a quorum was present.

| Selection Districts | | Members-At-Large | | | |
|--|------------------------------|------------------|-----------------|-------------|---------------------|
| E | Michelle Sanchez - AHS | P | Matheus Brocchi | E | Isaac Tieu |
| P | Ella McCrossan-RHS | P* | Rashi Khandare | | |
| P | Rikka Tignac-RHS | P | Krish Kothiya | Alternates | |
| P | Sumaiya Akbar-SSHS | P | Rahul Naveen | P | Mingxin (Dora) Deng |
| P | Abhishek/AJ Jagannathan-SSHS | P | Ian Nelson | P | Mingxuan Li |
| P | Joshua Chandran-SVHS | P | Aneri Pillai | V | Vacant |
| P* | Ashlyn Ro-SVHS | P* | Kalyssa Ro | P = Present | |
| P | Gracie Kim-HMS | E | Jacob Salvanera | E = Excused | |
| P | Jordan Downey – SMS | P | Rohith Saju | A = Absent | |
| P* | Saydee Ro - VVMS | P | Alden Ta | V = Vacant | |
| *Arrived after approval of the minutes | | | | | |

Staff: Kristin Tignac, Community Services Coordinator.

Guests: City Council Members Ruth Luevanos and Elaine Litster; Anthony Angelini, representative from Assemblywoman Suzette Martinez Valadares’ Office; Tyler McAnany, Education Leadership Coordinator with the Ronald Reagan Presidential Foundation and Institute; Rebecca Zeitlin, Assistant Program Director, Didi Hirsch Mental Health Services and National Suicide Prevention Crisis Line; student Nandhiha Krishnamoorthi; Boy Scout Troop 633 member Logan Graner; and Cub Scout Pack 3663 members: Alex Fuchs, Brady Nething, Michah Peng, Kyle Plummer and Elliot Seaman.

2. Agenda Review

There being no changes, the agenda was approved as presented.

3. Approval of Minutes from October 5, 2021

Youth Council Chair Rahul Naveen asked members if they had reviewed the minutes from October 5, 2021 and then requested a motion for approval.

ACTION: A motion to approve the October 5, 2021 minutes as written was made by Sumaiya Akbar and seconded by Matheus Brocchi.

Youth Council Vote: 16 Ayes; 0 Noes; 0 Abstentions

The motion passed.

4. Correspondence

Ms. Kristin Tignac received an email from Dave Rosenberg, Young Adult Librarian with the Simi Valley Public Library, regarding helping coordinate a digital Book Discussion between November 8, 2021 and December 10, 2021.

5. Public Statements/Comments

Youth Council Chair Rahul Naveen reviewed the public statement and comment procedure.

Councilmember Ruth Luevanos updated the Youth Council on recent actions taken by the City Council and reminded everyone that October is LGBTQ+ History Month.

The scouts from Cub Scout Pack 3663 and Boy Scout Troop 633 introduced themselves.

Rebecca Zeitlin with Didi Hirsch Mental Health Services Foundation introduced herself.

Tyler McAnany with the Ronald Reagan Presidential Foundation and Institute introduced himself.

Anthony Angelini introduced himself as a representative from the Office of Assemblywoman Suzette Martinez Valadares.

6. Informational Presentation

a. Didi Hirsch Mental Health Services

Rebecca Zeitlin, Assistant Program Director with Didi Hirsch Mental Health Services, gave an overview of suicide facts, resources, and services offered by the Didi Hirsch Foundation, along with helpful information on how to speak with friends or family members they believe may be struggling with suicidal thoughts. The Youth Council then presented Ms. Zeitlin with a donation of funds raised for the Didi Hirsch Foundation during the Suicide Prevention Rock Painting Night.

Ms. Zeitlin also shared the following helpful suicide prevention resources:

- National Suicide Prevention Lifeline, 1-800-273-8255 available all day every day, [SuicidePreventionLifeline.org](https://www.SuicidePreventionLifeline.org)
- The Trevor Project for individuals that identify as LGBTQ, 1-866-488-7386 available all day every day, [TheTrevorProject.org](https://www.TheTrevorProject.org)
- Teen Line, 1-310-855-4673 or Text "TEEN" to 839863, [TeenlineOnline.org](https://www.TeenlineOnline.org)
- Know the Signs teaches common warning signs, what to say, and how to connect those struggling with someone that is trained to help, [SuicidelsPreventable.org](https://www.SuicidelsPreventable.org)

7. Continued Business

a. Discussion of the 2nd Annual Community Reads Program

Youth Council Chair Rahul Naveen led the brainstorm for the specifics of the instructions to be printed on the backside of the Community Reads Initiative Book-to-Action paper tiles. Based on *Rising Strong* by Brené Brown, community members would be asked to draw images that convey hardships they have overcome or are faced with now. Members will promote the “Rising Strong: A Path Through Hardship” community art project during the October 30, 2021 Simi Valley Street Fair and City Expo.

Youth Council members discussed Mr. Rosenberg’s request to help with a digital book discussion. Members were all hesitant to volunteer due to their busy schedules, so members agreed to help by developing the discussion questions versus moderating the discussion.

b. Discussion of the 2021 Stop Bullying Campaign

Youth Council members signed up to work the following shifts staffing the Youth Council booth at the Simi Valley Street Fair and City Expo:

- 8:45 a.m. to 11:30 a.m. – Matheus Brocchi, Jordan Downey and Ashlyn Ro.
- 11:25 a.m. to 1:30 p.m. – Ian Nelson, Alden Ta and Rikka Tignac.
- 1:25 p.m. to 4:15 p.m. - Rashi Khandare and Rahul Naveen.

The following members also signed up to volunteer to work shifts at the City’s Water Conservation booth:

- 8:45 a.m. to 11:30 a.m. – Kalyssa and Saydee Ro.
- 11:25 a.m. to 1:30 p.m. – Dora Deng, Rashi Khandare and Mingxuan Li.
- 1:25 p.m. to 4:15 p.m. - Krish Kothiya, Rohith Saju and Alden Ta.

Ms. Tignac mentioned that at the Youth Council booth, members would coordinate the Stop Bullying Pledge with giving an orange yarn bracelet for signing the pledge and pink ribbons for Breast Cancer Awareness Month. Members would also be able to promote the Book-to-Action community art project. Halloween candy would also be handed out at the booth.

Stop Bullying pledge banners, orange yarn bracelets, and markers were given to designated school representatives to take to each school for on-campus pledges.

c. Discussion of the 2021-22 Youth Council Work Plan

Mr. Tyler McAnany, the Education Leadership Coordinator with the Ronald Reagan Presidential Foundation and Institute, announced the important upcoming Youth Town Hall dates, including the Youth Council meeting and Youth Town Hall Auditions to be held from 4:00 p.m. to 7:00 p.m. on Tuesday, November 16, 2021, at the Ronald Reagan Presidential Library

(dinner provided by the Foundation); the event Walk-Through on Thursday, January 20, 2022, culminating with the actual event on Friday, January 21, 2022.

Mr. McAnany led the discussion to narrow down and formalize the mental health subtopics for the 2022 Youth Town Hall. The following top five subtopics within "Mental Health" were selected:

1. Self-harm as a result of stress;
2. Breakdowns in communication between students and teachers;
3. Sleep Deprivation;
4. Fear of reaching out about mental health struggles due to the stigma; and
5. Transitioning back from virtual to in-person school.

ACTION: A motion to approve the top five mental health subtopics listed above for the 2022 Youth Town Hall was made by Ian Nelson and seconded by Abhishek Jagannathan.

Youth Council Vote: 18 Ayes; 0 Noes; 0 Abstentions

The motion passed.

8. New Business

- a. Discussion and Selection of Committees to Address the 2021-22 Youth Council Work Plan

Due to time limitations, Chair Naveen continued the discussion to the November 2 Youth Council Meeting.

9. Representative Reports

Youth Council Reports and Comments

Social Media Committee member Ian Nelson invited members and guests to check out the Instagram posts for "Ian Week" and asked everyone to follow the Youth Council on all social media platforms @simivalleyyouthcouncil.

Matheus Brocchi announced that Santa Susana High School's Young Social Activists Club (YSAC) and the Health Occupations Students of America Club (HOSA) would host an informational webinar discussion with a breast cancer survivor on Thursday, October 21, 2021.

Chair Rahul Naveen announced that Oak Park High School would host a Music at the Movies event on Thursday, October 21, 2021.

Council Member Luevanos announced that the Rancho Simi Recreation and Park District would host a Dia de los Muertos (Day of the Dead) event on October 24, 2021, from 11:00 a.m. to 5:00 p.m. at the Strathearn Historical Park and Museum. The cost was \$5.00 for students and \$7.00 for adults.

10. Coordinator's Report

Ms. Kristin Tignac commended all of the Social Media Committee members for the tireless work on developing relevant and engaging content for Instagram and congratulated Ella McCrossan for her Youth Council Informational Report and presentation to the City Council during its meeting on October 11, 2021.

Ms. Tignac stated that she looked forward to seeing members on Saturday, October 30, 2021 for the Simi Valley Street Fair and Expo.

Ms. Tignac reminded Abhishek Jagannathan that his draft Youth Council Informational Report speech for the November 8, 2021 City Council Meeting was due on November 1, 2021.

11. Adjournment: Tuesday, November 2, 2021, 5:00 p.m. to 6:00 p.m., City Hall Community Room.

Youth Council Chair Rahul Naveen adjourned the meeting at 6:20 p.m.