



Simi Valley Council On Aging

3900 Avenida Simi, Simi Valley, CA 93063 Phone: 805.583.6041 Fax: 805.583.7921

Simi Valley Council On Aging (COA) Monthly Meeting

Agenda

Monday, December 12, 2016

1:00 p.m.

Simi Valley Senior Center

3900 Avenida Simi, Simi Valley, CA 93063

Please silence your cell phones

1. Call to Order and Pledge of Allegiance
2. Roll Call
3. Agenda Review
4. Approval of Minutes
5. Report of COA Chair
6. Representative Reports
 - A. City Council Liaison (Mike Judge)
 - B. Deputy Director (Mara Malch)
 - C. Senior Services Assistant Manager (Robert Martin)
 - D. Ventura County Area Agency on Aging (Neil Spector)
 - E. Task Force On Homelessness (June-Marie von Osinski)
7. Presentations
 - A. Volunteer of the Month – Bring Your Own Craft Group
8. Public Statements

This is the time reserved for citizens who wish to make public statements or comments on items within the subject matter and jurisdiction of the COA.
9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports
 - A. Officer Reports
 1. Vice Chair (Alan Fournier)
 2. Treasurer (Karen Cline, see attached)
 3. Corresponding Secretary (Stephanie Newbrook)
 - B. Liaison and Program Manager Reports
 1. Senior Share Liaison (Joe Beautz)
 2. Lifeline Liaison (Don Novell)
 3. Meals On Wheels Liaison (John H. Williams, see attached)
 4. Housing Liaison (Judy Pepiot, see attached)

Council On Aging Mission Statement

The mission of the Simi Valley Council On Aging, an advisory body elected by senior citizens and appointed by the Simi Valley City Council, is to identify the needs of senior citizens in this community. The Council On Aging serves as an advocate to support programs and services providing seniors with maximum independence, safety, and quality of life.

- C. Ad Hoc Committee Reports
 - 1. Dance Committee (Char Jackowitz)
 - 2. Patio Design Committee (Henry Kraus)
 - 3. Senior Support Committee (Karen Cline)
 - 4. Annual Fund Drive Committee (Sharon McCann)
- 10. Continued Business
 - A. Discussion/Action on Patio Design Budget
- 11. New Business
 - A. Appointment/Assignment, to speak on behalf of the COA at City Council meetings on January 23, June 6, October 30, and December 11, 2017, the COA Executive member will provide a 3 to 5 minute verbal presentation providing a recap of the COA's achievements, fundraisers, and various actions
 - B. Announcement of the Candidates for the COA Executive Board
 - C. Discussion/Action on the Additional Funding Request by Senior Concerns dated November 15, 2016
- 12. Announcements of Upcoming Senior Center Events
 - A. Holiday Party with special refreshments and entertainment on December 21, 2016, from 10:30 a.m. to 12:30 p.m.
 - B. COA Dance - New Year's Eve-Eve Dance December 30, 2016, from 7:00 p.m. to 11:00 p.m.
- 13. Suggested Agenda Items for the January 9, 2017, Annual COA meeting
- 14. Adjournment

/s/ _____
Mara Malch
Deputy Community Services Director

If any individual has a disability that may require accommodation to participate in this meeting, please contact the Simi Valley Senior Center at (805) 583-6363. Upon advance notification of the need for accommodation, reasonable arrangements will be made to provide accessibility to the meeting.

DRAFT MINUTES

1. Call to Order and Pledge of Allegiance – Sharon McCann called the meeting to order at 1:03 p.m. Fred Goldberg led the Pledge of Allegiance.
2. Roll Call – June-Marie von Osinski called Roll Call. Members present were Jean Cecil, Karen Cline, Al Fournier, Fred Goldberg, Char Jackowicz, Ed Mazeika, Sharon McCann, Stephanie Newbrook, and June-Marie von Osinski.
3. Agenda Review – By consensus of the Executive Board, the agenda was approved with item 10.A. Discussion/Action on Patio Budget was tabled to the next meeting. Item 7.A. Volunteers of the Month, was moved to immediately after the agenda review.
7. Presentations
 - A. Volunteers of the Month – The young adults with Social Vocational Services were recognized for their assistance in the kitchen and cleaning up the patio, etc.
4. Approval of Minutes - The minutes of September 12, 2016, were approved by a consensus of the Executive Board with the correction that Ed Mazeika was not present at the last meeting.
5. Report of COA Chair - Sharon reminded members that there will be a Thanksgiving Eve dinner at the Senior Center on Wednesday, 23 November 2016. Recently, she spoke at the Kiwanis Board of Directors meeting, the Simi Valley Chamber of Commerce, and the recent “Building Compassion for Volunteering” meeting held at the Simi Valley Public Library telling members about the programs and volunteer opportunities available at the Senior Center. She also told them about the COA’s Annual Fund Drive. She said we are still accepting nominations for the Wayne Templeton Volunteer of the Year Award and applications for the COA Executive Board. She also stated that the COA received a thank you from the Rancho Simi Recreation and Park District for sponsoring the Community Games.
6. Representative Reports
 - A. City Council Liaison - Mike Judge reported that Many Mansions’ proposed project located at 3802 Avenida Simi for low-income senior veterans will be presented at the City Council meeting on December 5. Dee Dee Cavanaugh has been elected to the City Council, replacing Steve Sojka who is stepping down. He also stated that Arby’s will be coming to town and will be located in the old Del Taco location on West Los Angeles Avenue. A Chinese buffet will also be opening soon in the old Elephant

Bar location on Madera. Police Chief McCann will be retiring on November 30 and Deputy Chief Livingstone will be serving until a replacement is found. Also, even with the legalization of marijuana, he stated there is a \$100 fine for smoking it in public. He said that legislation passed to encourage the use of cloth bags versus plastic when you shop and as a result there will be a charge of 10 cents a bag if you require a plastic or paper bag when you shop. The new sales tax measure failed but the current one-half cent tax was extended. He also said that a law requiring proposed state laws to be posted 72 hours prior to voting was passed. An update on "Under One Roof" project will be given at tonight's Council meeting.

- B. Acting Deputy Director/Library and Senior Center – No Report.
- C. Senior Services Assistant Manager - Robert Martin thanked the Rotary Club for holding the Thanksgiving Eve dinner on November 23. There will also be a Day of Beauty on that same day with free haircuts, styling, and manicures for the seniors with free photos taken afterward. There is also a Jewelry Sale at the Senior Center November 14 - 18 from 9:00 a.m. to 1:00 p.m. In addition, a Memory Loss presentation will be given on November 15.
- D. Ventura County Area Agency on Aging Representative(s) - Neil Spector said there was a presentation from Home Share last Wednesday that explained eligibility requirements for the program. He said the Legislative Committee is working on a bill about crimes against seniors.
- E. Task Force on Homelessness - June-Marie von Osinski reported that after a six-month break, the Task Force met. Local churches are gathering together in a program called "Network of Care" which means that each church will be responsible for a certain need such as transportation or food. The churches will meet again in February to start implementing this program.

She also stated that through the County of Ventura's "Pathways to Home" the housing services for every city in the county will be tied together and have the same standards. The program is funded by HUD and should result in faster and more efficient help to clients needing housing because everything will be centralized. The 2017 Ventura Homeless Count Survey will take place in Simi Valley on January 24 from dawn until noon. She said the counts are never completely capturing all those who are homeless; however they do provide the government with a snapshot of the number of homeless in that community for that day. Volunteers are still needed for this project.

The Simi Valley Police Department informed members that there are 21 homeless encampments in the City and it is an ongoing problem. They are trying to get land owners to take responsibility for their property by clearing away foliage to make it less appealing to the homeless as a place to shelter. The winter PAD sites which provide overnight shelter at churches are open until the end of March. The City continues to advise all citizens not to give donations to panhandlers and give donations to the Samaritan Center or other non-profits instead. Although it is not a crime to be homeless or to panhandle, if a panhandler is becoming aggressive, citizens should call (805) 583-6161 or 911 depending on the severity of the situation, to report it.

The next meeting of the Task Force is scheduled for February.

7. Presentations

- A. Volunteers of the Month – The Social Vocational Services workers were honored for their service at the Simi Valley Senior Center. This dedicated group serves lunches to disabled patrons, keeps the patio clean, and washes the dishes after lunch.
- B. City Budget Update – City Budget Officer Rebekkah Hosken gave an overview of the City budget. She stated 81% of the City budget expenses are for personnel costs and as a result vacated positions are not always filled and each department has long-term personnel reduction targets. Employees are also paying more of their benefit costs.

8. Public Statements – None.

9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports

A. Officer Reports

- 1. Vice Chair (Al Fournier) – No Report.
- 2. Treasurer – Karen Cline referred to pages eight and nine in the COA meeting packet and said the budget is right on track.
- 3. Corresponding Secretary - Stephanie Newbrook said that three thank you letters were sent out.

B. Liaison & Program Manager Reports

- 1. Senior Share Liaison (Joe Beautz) – No Report.
- 2. Lifeline Liaison (Don Novell) – No Report.

3. Meals On Wheels Liaison - John H. Williams stated that 2,854 meals were delivered last month with 11 people on a waiting list. A 7th route is being planned to expand the program and volunteer drivers are still needed. November is also National Diabetes Month.
4. Housing Liaison - Judy Pepiot referred to her report on Page 11 of the agenda packet. She said there is a new development at Tapo and Alamo streets which is not exclusively for seniors but does have an affordable component. She said Mountain View Apartments between Tapo Street and Stearns is in the framing stage, and Camino Esperanza on Katherine Street is moving along.

C. Ad Hoc Committee Reports

1. Dance Committee Chair Helen Loring stated that tickets are still available for the New Year's Eve-Eve dance on December 30.
2. Patio Design Committee - Henry Kraus stated that the committee met and there were three design suggestions: an open patio cover, a partially open patio cover, and a completely covered patio. They are soliciting designs for all options including a retractable cover design.
3. Senior Support Committee - Karen Cline said the committee is meeting every month and is currently in fact finding mode, looking into various projects.
4. Annual Fund Drive Committee – Sharon McCann stated that mailers have been sent out to various people and that she spoke to a few clubs about the COA and its Annual Fund Drive.

10. Continued Business

- A. Discussion/Action on Patio Design Budget – This item has been tabled while the Ad Hoc committee researches patio designs.

11. New Business

- A. Appointment of a Special Event Support Committee COA Representative (see attached)

By consensus of the Executive Board, June-Marie von Osinski was appointed as the Special Event Support Committee COA Representative.

B. Discussion/Action regarding Many Mansions' proposed housing project at 3802 Avenida Simi

Alexander Russell, Executive Vice President of Many Mansions, gave a PowerPoint presentation about Many Mansions mission and why it chose 3802 Avenida as a housing project site. He stated the eligibility requirements require that the primary applicant be a veteran, 62 years of age or older, and make less than 50% of the Average Median Income. Eligible residents would pay 30% of their income for rent. He gave an overview of the project amenities such as an elevator and a community room.

Mr. Russell explained that in response to public feedback, the original 38 unit three-story project has been reduced to a 30 unit two-story project. Also, originally the project included onsite parking spaces along with a shared parking arrangement with the Senior Center. That has since been revised to 15 onsite parking spaces and removed the shared parking arrangement with the Senior Center.

An audience member who lives across the street from the Senior Center stated that she is currently concerned for the safety of seniors due to lack of Senior Center parking and that even more people could be at risk if the project's residents use Senior Center parking spaces. She said that when the parking lots are full at the Senior Center, she has seen seniors with walkers or canes who park in front of the residences and they have to cross Avenida Simi. She states this is very dangerous because they do not move quickly and cars go very fast. She said they are disabled and unable to walk down to Tapo Canyon Road to cross at the light.

An audience member asked if cleaning services would be available for residents and Mr. Russell said no, however, Many Mansions works with organizations in the community to ensure residents have access to services such as cleaning if needed.

An audience member asked if a female spouse of a veteran would be eligible to apply and Mr. Russell said that the primary applicant must be a veteran.

An audience member expressed concern that residents of the housing project might have alcohol or drug dependency issues. Mr. Russell stated that Many Mansions conduct very stringent background tests on potential residents to screen for these issues.

An audience member asked that if a senior needs a live-in caregiver, if that would be allowed. Mr. Russell said that would be allowed assuming it did not violate the City's occupancy standards. Another audience member

said that the caregiver would then likely have a car and would need a place to park it.

Chair McCann emphasized that this project is in the pre-screening process. At the December 5 City Council meeting, the Council will be considering if this project should be approved to go to the Planning Commission to consider re-zoning the property from Civic Center to High-Density Residential. It is estimated that the project could potentially go before City Council for final approval in approximately August of 2017.

12. Announcements of Upcoming Events

- A. Thanksgiving Eve Dinner, Wednesday, November 23, 4:45 p.m., 6:00 p.m. and 7:15 p.m.
- B. Drama Club Show "Crisis at the North Pole", Thursday, December 1, 1:30 p.m. - 3:30 p.m., Friday, December 2, 7:00 p.m. - 9:00 p.m.
- C. Friday, December 9, 2016, 7:30 p.m. - 10:00 p.m., COA Dance

13. Suggestions of Agenda Items for the December 12, 2016 meeting.

None.

14. Adjournment - Meeting adjourned at 2:45 p.m.

3:18 PM
12/06/16
Cash Basis

Council on Aging
Balance Sheet *
As of December 6, 2016

	<u>Dec 6, 16</u>
ASSETS	
Current Assets	
Checking/Savings	
AMX Netflix	14.05
SVSS Endowment Fund	16,440.90
US Bank Checking	
Drama Club	1,047.87
US Bank Checking - Other	12,006.74
Total US Bank Checking	<u>13,054.61</u>
US Bank Savings	177,107.59
1040 · Petty cash	
1041 · Cash Drawer	300.00
1042 · Dance Cash Drawer	100.00
Total 1040 · Petty cash	<u>400.00</u>
Total Checking/Savings	<u>207,017.15</u>
Total Current Assets	<u>207,017.15</u>
TOTAL ASSETS	<u>207,017.15</u>
LIABILITIES & EQUITY	
Equity	
Activities	96,769.50
Discretionary	24,533.29
LifeLine	1,317.68
Meals On Wheels	-12,055.55
Reserve	41,806.27
Services & Programs	-1,559.11
3001 · Opening Bal Equity	13,402.95
3010 · Unrestrict (retained earnings)	16,225.17
Net Income	26,576.95
Total Equity	<u>207,017.15</u>
TOTAL LIABILITIES & EQUITY	<u>207,017.15</u>

3:17 PM
 12/06/16
 Cash Basis

Council on Aging
Profit & Loss Budget vs. Actual
 July 1 through December 6, 2016

	<u>Jul 1 - Dec 6, 16</u>	<u>Budget</u>
Ordinary Income/Expense		
Income		
4 · Contributed support		
4010 · Individual Contribution	3,451.77	4,327.42
4015 · Business Contribution	10,954.07	2,118.55
Total 4 · Contributed support	14,405.84	6,445.97
5 · Earned revenues		
5310 · Interest-savings/short-term inv	6.71	0.00
5340 · Other investment income	142.84	0.00
5490 · Miscellaneous revenue	13,369.27	6,605.65
5560 · Tickets	9,278.25	7,612.26
5570 · Drawings	513.00	441.45
5580 · Table Reservations	2,525.00	4,300.00
Total 5 · Earned revenues	25,835.07	18,959.36
Total Income	40,240.91	25,405.33
Gross Profit	40,240.91	25,405.33
Expense		
7200 · Contracted personnel services		
7220 · Musicians & bands	4,300.00	4,245.97
Total 7200 · Contracted personnel services	4,300.00	4,245.97
7500 · Other personnel expenses		
7540 · Professional fees - other	1,200.00	1,038.71
Total 7500 · Other personnel expenses	1,200.00	1,038.71
8100 · Non-personnel expenses		
Credit Card Fees	4.19	0.00
8110 · Supplies	3,425.46	3,589.19
8112 · Food	68.68	1,611.61
8115 · Program Expense	0.00	10,374.32
8125 · Video Rentals	203.14	89.28
8160 · Equip rental & maintenance	56.45	310.00

3:17 PM
12/06/16
Cash Basis

Council on Aging
Profit & Loss Budget vs. Actual
July 1 through December 6, 2016

	<u>Jul 1 - Dec 6, 16</u>	<u>Budget</u>
8165 · Equipment Purchase	29.79	0.00
8170 · Printing & copying	202.44	200.00
Total 8100 · Non-personnel expenses	<u>3,990.15</u>	<u>16,174.40</u>
8500 · Misc expenses		
8515 · Grants	2,000.00	2,000.00
8530 · Membership dues - organization	175.00	0.00
8545 · Mileage	0.00	300.00
8590 · Other expenses	1,998.81	2,500.00
Total 8500 · Misc expenses	<u>4,173.81</u>	<u>4,800.00</u>
Total Expense	<u>13,663.96</u>	<u>26,259.08</u>
Net Ordinary Income	<u>26,576.95</u>	<u>-853.75</u>
Net Income	<u><u>26,576.95</u></u>	<u><u>-853.75</u></u>

COA Home Delivered Meals Report - FY16/17

	Total Meals	Senior Meals	Service Days	Average Meals per Day	Y -T- D Meals	Unduplicated Clients		Donations Received
						New	Y-T-D	
Jul	2888	2812	20	144.4	2888	166	166	\$ 3,129.50
Aug	3246	3191	24	135.3	6134	12	178	\$ 3,782.50
Sept	3016	2967	21	143.6	9150	8	186	\$ 4,176.00
Oct	2901	2854	21	138.1	12051	5	191	\$ 4,386.50
Nov	2937	2892	22	133.5	14988	9	200	\$ 2,850.00
Totals:	14988	14716	108	138.78	14,988	200	200	\$ 18,324.50

**Council On Aging –
Housing Liaison Report**

December 12, 2016

UPDATE: Proposed Apartments for Veterans – 3802 Avenida Simi

Many Mansions, a Thousand Oaks based affordable housing developer, wants to build an apartment complex for low-income senior veterans on a now vacant lot. The development approval process requires a conceptual change to the land use designation from CIVIC CENTER TO RESIDENTIAL VERY HIGH DENSITY on the 0.885 acre site.

December 5th – The prescreening of the proposed project was on the City Council agenda. The chamber was packed with both veterans & supporters plus an equal number of unhappy neighbors. Following hours of speakers, ultimately the council members voted to allow the project to move ahead through the developmental process. However, they placed many restrictions on the size & look of the project they will accept: driveway access must be separate from Senior Center's, more parking availability & required all units to be 1-bedroom (except for manager unit), in order to restrict the number of occupants/drivers impacting the area traffic.

It is unknown if Many Mansions will be able to construct an economically viable project of about 25 units & still meet the other criteria as outlined by council members. If they proceed through the process, a revised project will be on future Neighborhood Council agendas, Planning Commission & finally City Council for a final decision since a zoning change is required.

Judy Pepiot – Housing Liaison

Senior Concerns

Serving Seniors & Their Family Caregivers

BOARD OF DIRECTORS

Patricia Jones, CSA®
Chair
Chair Resource Development

Greg Ramirez
Chair Elect

November 15, 2016

Debbie Herwaldt
Chair Finance

Sharon McCann
Chair
Simi Valley Council on Aging

Paul Shane
Chair Strategic Planning/
Secretary

Dear Sharon,

DIRECTORS

Liz Barrett
Denise Carriero
Joanne Chang
Sergio Gonzalez
Terri Hilliard Olson
Arlene Jakes
Kim Lucas
Desmond Padhi
Dorothy Sherman
Sue Tuttle

I would like to take this opportunity to thank the Simi Valley Council on Aging for the grant of \$10,000 you provided earlier this fiscal year to help support our work with Simi Valley seniors. As you are aware, \$7,000 of this grant is being utilized to help underwrite our case manager's services at the Simi Valley Senior Center on a weekly basis. The remaining \$3,000 was earmarked for Dial A Ride scholarships for Simi Valley Seniors who attend Senior Concerns' Adult Day Program.

Due to greater need than anticipated, we have exhausted the funds for Dial A Ride and respectfully ask the Simi Valley Council on Aging to consider additional funding of \$10,000 specifically for Dial A Ride Scholarships. Without additional funding, we will not be able to underwrite the costs for Simi Valley Seniors to utilize Dial A Ride to attend Senior Concerns' Adult Day Program and the burden will fall back on the family, many of whom are low income and unable to afford the Dial A Ride fee.

PRESIDENT

Andrea Gallagher, CSA®

DIRECTORS EMERITUS

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At present time, there are two medical model adult day programs in Simi Valley but no social model adult day programs. The closest social model program is Senior Concerns' Adult Day Program, provided at our facility in Thousand Oaks. A social model Adult Day Program does not require a physician's order and provides a focus on socialization and mental stimulation through therapeutic group activities, primarily for seniors with cognitive impairment such as dementia and Alzheimer's disease. Conversely, the medical model programs available in Simi Valley require a physician's order and are designed for those with medical challenges, such as stroke or a broken hip, who require nursing care and physical or occupational therapy.

Senior Concerns' Adult Day Program offers increased social interaction, which is a protective factor to ill health, and provides a therapeutic environment with stimulation and meaningful activities, including exercise which is crucial for good health. Studies suggest that socialization may slow mental decline in those with dementia. In addition, the program allows seniors to maintain a sense of personal identity, dignity and independence. The program benefits caregivers by allowing them to maintain their social network, reducing stress and depression, reducing missed work days, and allowing caregivers to maintain their relationship with their loved one with dementia.

Estimates indicate there are approximately 2,182 seniors with dementia currently living within the City of Simi Valley. This number represents 15.4% of those throughout Ventura County with Alzheimer's disease. Currently, 14% of our Adult Day Program participants are from Simi Valley.

401 Hodencamp Road
Thousand Oaks, CA 91360
Telephone (805) 497-0189
Facsimile (805) 373-6880
www.seniorconcerns.org

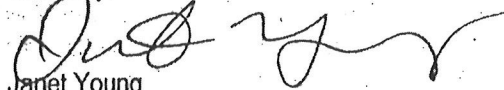
While the distance between Simi Valley and Thousand Oaks is not significantly great (approximately 17 miles between Thousand Oaks and the western end of Simi Valley), there are limited transportation options for seniors with physical or cognitive impairments to get them from their homes to Senior Concerns' Adult Day Program. Many elder family caregivers face added stress when confronted with having to drive a loved one on busy freeways from Simi Valley to Thousand Oaks. The recently introduced an intercity Dial A Ride program between Simi Valley and Thousand Oaks provides a viable option. While the daily fee is low (\$10 round trip), it still places a hardship on low income families.

In the first four months of this fiscal year (July-October 2016), Senior Concerns has provided \$4,495 in Dial A Ride Scholarships to 10 Simi Valley seniors to help enable them to attend our Adult Day Program. We anticipate that by the end of the year, Dial A Ride scholarships will total approximately \$13,485. Approximately 10 Simi Valley seniors per month utilize Dial A Ride from their homes to Senior Concerns' Adult Day Program. Funding of \$10,000 from the Council on Aging will help ensure we can continue to underwrite the cost for Dial A Ride for Simi Valley seniors and not have to place this financial burden on the Simi Valley families we serve.

Please feel free to contact me at 805-497-0189 with any questions or if you require additional information.

Thank you in advance for your consideration.

Sincerely,



Janet Young
Director of Development