

Presented by Stanley C. Mantooh, Ventura County Superintendent of Schools
Coordinated by Dawn Anderson, VCOE Comprehensive Health and Prevention Programs



BECOME SUICIDE ALERT!



safeTALK

suicide alertness for everyone

suicide alertness for everyone

Tell. Ask. Listen. KeepSafe



Simi Valley Public Library
2969 Tapo Canyon Rd.
Simi Valley, CA 93063

Monday, May 23, 2016
4:30 – 7:30 p.m.



*Learn four basic steps to recognize persons with thoughts of suicide and connect them with help.
safeTALK is an internationally recognized training from LivingWorks Education*

Suicide is the 3rd leading cause of death among youth between the ages of 10 and 24 and accounts for 4,600 lives lost every year (Centers for Disease Control & Prevention). Most people with thoughts of suicide invite help but often these opportunities are missed, dismissed or avoided – leaving people more alone and at greater risk.

safeTALK (suicide alertness for everyone, Talk, Ask, Listen and KeepSafe) is a 3 hour, no cost training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources.

Since its development in 2006, safeTALK has been used in more than 20 countries around the world, and more than 200 video vignettes have been produced, including two here in Ventura County with local students, that illustrate both alert and non-alert responses. safeTALK trained alert helpers are an important part of suicide-safer communities, working alongside intervention resources to identify and avert suicide risks.

- A single 3 hour training for **15** participants
- No charge
- Appropriate for ages 15 and above
Parent permission is strongly advised for student participants
- Participants will leave with skills, resources and a free kit

"Made possible through funding from Ventura County Behavioral Health, Mental Health Services Act, Prevention and Early Intervention."



safeTALK at Simi Valley Public Library

Please email this completed registration form to Deanna Escobar at descobar@vcoe.org or fax to 805-437-1515

Email Address is Required

Registrant: _____

Title: _____

District/Agency: _____

School: _____

Email Address: _____

Work Phone: _____

"Commitment to Quality Education for All"