



Simi Valley Council On Aging

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Simi Valley Council On Aging (COA) Monthly Meeting

Agenda

Monday, April 11, 2016

1:00 p.m.

Simi Valley Senior Center

3900 Avenida Simi, Simi Valley, CA 93063

Please silence your cell phones

1. Call to Order and Pledge of Allegiance

2. Roll Call

3. Agenda Review

4. Approval of Minutes

5. Report of COA Chair

6. Representative Reports

A. City Council Liaison

B. Deputy Director/Community Programs & Facilities

C. Senior Services Manager

D. Ventura County Area Agency on Aging

E. Task Force On Homelessness

7. Presentations

A. Volunteer of the Month

B. Home Share

8. Public Statements

This is the time reserved for citizens who wish to make public statements or comments on items within the subject matter and jurisdiction of the COA.

9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports

A. Officer Reports

1. Vice Chair

2. Treasurer

3. Corresponding Secretary

Council On Aging Mission Statement

The mission of the Simi Valley Council On Aging, an advisory body elected by senior citizens and appointed by the Simi Valley City Council, is to identify the needs of senior citizens in this community. The Council On Aging serves as an advocate to support programs and services providing seniors with maximum independence, safety, and quality of life.

- B. Liaison and Program Manager Reports
 - 1. Speakers Bureau Program Manager
 - 2. Senior Share Liaison
 - 3. Housing Liaison
 - 4. Lifeline Liaison
 - 5. Meals On Wheels Liaison
- C. Ad Hoc Committee Reports
 - 1. Dance Committee
 - 2. Wellness Expo Committee

- 10. Continued Business
None

- 11. New Business
Discussion/Action on the open recruitment for a representative to the VCAAA Advisory Council.

- 12. Announcements of Upcoming Events
None

- 13. Suggestions of Agenda Items for the May 9, 2016 COA meeting.

- 14. Adjournment

/s/

Rob Bruce

Deputy Director/Community Programs & Facilities

If any individual has a disability that may require accommodation to participate in this meeting, please contact the Simi Valley Senior Center at (805) 583-6363. Upon advance notification of the need for accommodation, reasonable arrangements will be made to provide accessibility to the meeting.

DRAFT MINUTES

1. Call to Order and Pledge of Allegiance – Sharon McCann called the meeting to order at 1:02 p.m. Joe Beautz led the Pledge of Allegiance.
2. Roll Call – John Williams called Roll Call. Members present were Jean Cecil, Karen Cline, Al Fournier, Fred Goldberg, Char Jackowicz, Ed Mazeika, Sharon McCann, Stephanie Newbrook, and June-Marie von Osinski.
3. Agenda Review – By consensus of the Executive Board, item 9. B. 2., the Senior Share Liaison's report, was moved to follow 6. E.
4. Approval of Minutes - The minutes of February 8, 2016 were approved by a consensus of the Executive Board.
5. Report of COA Chair – Sharon McCann recognized Judy Pepiot who was awarded Moving Seniors Forward's "Soaring Star Award". She read an Irish poem in honor of St. Patrick's Day. Sharon stated that a free Easter breakfast for seniors will be sponsored by the Kiwanis Club on Easter morning, and she offered Happy Easter wishes to all.
6. Representative Reports
 - A. City Council Liaison – Council Member Mike Judge said that the results of the annual audit will be announced at this week's City Council meeting. Mike reported that a hearing will be held at tonight's City Council meeting addressing if marijuana can be grown in Simi Valley for medicinal purposes. He stated that the new Smart & Final at East Los Angeles Avenue and Stearns Street is planning to open at the end of April. He also reported that Dunkin' Donuts is coming to the Smart & Final mall on Erringer Street. The Town Center mall is downsizing the retail stores, and Marshall's and Ulta will be moving in. There will also be a Starbucks drive-thru opening in the mall parking lot.
 - B. Deputy Director/Community Programs & Facilities – Rob Bruce reported that the City of Simi Valley is going solar. OpTerra Energy Services company will be discussed and the contract will be up for approval at tonight's City Council meeting. Solar panels are planned for the City Hall, the Public Library, and the Senior Center.
 - C. Senior Services Manager – Laurie Dickinson announced the City of Simi Valley is recruiting volunteers for the Citizens Transportation Advisory Committee. There are six meetings per year and purple fliers giving more information are available on the table.

- D. Ventura County Area Agency on Aging Representative(s) – Toni Olson reported that the Strategic Plan, which is a 5-year plan for the county, approved \$140,000 for home delivered meals in Simi Valley. She said information cards about VCAAA’s services are available on the table.
 - E. Task Force on Homelessness – June-Marie von Osinski said the Task Force met on February 11. She stated that a sub-committee has been formed to try and help the community change their view of what homelessness looks like. She said several police officers have special training to deal with homeless people and that the focus is on housing people first, then “wrapping services” around that.
7. Presentations
- A. Volunteer of the Month – Ella Cranny was recognized for ten years of service teaching the Arthritis Chair Exercise class and for leading the Fibromyalgia Support Group.
 - B. California Senior Legislature – Senior Assembly member Bill Witt gave a PowerPoint presentation about the legislature. Bill went over some of the laws that the legislature is trying to get passed.
8. Public Statements – Judy Pepiot reminded everyone that the Kiwanis are sponsoring the Easter breakfast for seniors. She also said that the Kiwanis Round Up fundraiser will be held April 16 and tickets are \$30 if purchased ahead of time or \$35 at the gate.
9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports
- A. Officer Reports
 - 1. Vice Chair – Al Fournier – No Report.
 - 2. Treasurer – Karen Cline stated two significant differences between budgeted and actual amounts. Revenue is higher than budgeted because the COA held a Bingo Bonanza fundraiser which wasn’t budgeted for early spring due to planned construction in the kitchen. She also noted that Meals On Wheels expenses are lower than budgeted because the COA has not received a bill from the City.
 - 3. Corresponding Secretary – Stephanie Newbrook reported that ten thank you letters were sent out, two of them to sponsors of COA dances.
 - B. Liaison & Program Manager Reports
 - 1. Speakers Bureau Program Manager – No Report.
 - 2. Senior Share Liaison – Joe Beautz said that 95 people were currently receiving brown bags. In response to a question from the

last COA meeting, Mr. Beautz stated that if someone hasn't shown up for three weeks, they are contacted. The Food Share of Ventura County will refer to Joe before taking someone off the list. If they later return, Joe is also contacted for reinstatement.

3. Housing Liaison – Judy Pepiot reported that the Cabrillo Economic Development project at 1384 Katherine Road South, known as Camino Esperanza, is starting construction. There will be 11 units for seniors with disabilities, 3 units for low-income seniors, and the remaining 16 units will be for qualifying seniors. There is no wait list yet.
4. Lifeline Liaison – Don Novell said that Toni Olson is now a volunteer on the Lifeline Team. Phillips is the company monitoring the phones and its contract is coming up for renewal. The team is thinking about what they are going to do on this. There are 450 units that only work in homes with land lines. Because more and more people are just using cell phones, the Lifeline program is considering their options. They currently have only 12 units that work with cell phones. The Simi Valley Hospital wants to continue with this project. Lifeline charges are based on the client's ability to pay.
5. Meals On Wheels Liaison – Ed Mazeika – No Report.

C. Ad Hoc Committee Reports

1. Dance Committee – Helen Loring said that the last dance was held on a very rainy day, but 78 people still attended. The dance classes held before the dances have also been well attended.
2. Bingo Bonanza Committee – Sharon McCann reported that the Bingo Bonanza netted \$5,300. A big thank you was given to Jean Cecil for chairing the food and to Fred Goldberg for obtaining door prizes for the event.
3. Wellness Expo Committee – Karen Cline thanked Claudia Hapip, Senior Services Assistant Manager, for her help with this big project. There are fifty exhibitors and they still need volunteers to help at the event.

10. Continued Business

Discussion/Action on holding a Senior Social Connection event on Friday, May 20, 2016.

The Vintage Senior Care Home is sponsoring this event and people should sign up at the front desk. Twenty women and twenty men can be accommodated, with the men moving from table to table.

Laurie Dickinson explained how the event would work and said the cost will be minimal.

Motion made by Sharon McCann and seconded by Fred Goldberg to sponsor a Senior Social Connection.

Audience	Ayes 7	Noes 1	Abstentions 2
Board	Ayes 4	Noes 0	Abstentions 2

The motion passed.

11. New Business

A. Discussion/Action on spending up to \$500 to purchase a new safe for the COA office. The safe in the office is too small for some of the big events that are being held, such as Bingo Bonanza.

Motion made by June-Marie von Osinski and seconded by Al Fournier to spend up to \$500 to purchase a new safe for the COA office.

Audience	Ayes 9	Noes 0	Abstentions 0
Board	Ayes 6	Noes 0	Abstentions 0

The motion passed.

B. Discussion/Action on the approval of Sharon McCann, Karen Cline, Laurie Dickinson, and Robert Martin as authorized signers on the COA checking account.

Motion made by Al Fournier and seconded by Fred Goldberg to add those people as authorized signers on the COA checking account

Audience	Ayes 10	Noes 0	Abstentions 0
Board	Ayes 6	Noes 0	Abstentions 0

The motion passed.

12. Announcements of Upcoming Events

COA Dance, Friday, April 8, 2016, 7:30 p.m. to 10:00 p.m. Dance lessons are held at 6:30 p.m.

13. Suggestions of Agenda Items for the April 11, 2016 meeting.

None.

14. Adjournment - Meeting adjourned at 2:27 p.m.

Council on Aging
Profit & Loss Budget vs. Actual
July 2015 through April 2016

	Jul '15 - Apr 16	Budget
Ordinary Income/Expense		
Income		
4 · Contributed support		
4010 · Individual Contribution	9,388.83	6,500.00
4015 · Business Contribution	7,133.00	3,700.00
Total 4 · Contributed support	16,521.83	10,200.00
5 · Earned revenues		
5310 · Interest-savings/short-term inv	69.27	
5340 · Other investment income	-958.02	
5450 · Advertising revenues	2,225.00	2,400.00
5490 · Miscellaneous revenue	14,932.96	11,000.00
5560 · Tickets	15,237.00	10,000.00
5570 · Drawings	1,218.00	750.00
5580 · Table Reservations	13,224.00	11,700.00
Total 5 · Earned revenues	45,948.21	35,850.00
Total Income	62,470.04	46,050.00
Expense		
7200 · Contracted personnel services		
7220 · Musicians & bands	7,235.00	7,650.00
Total 7200 · Contracted personnel services	7,235.00	7,650.00
8100 · Non-personnel expenses		
8110 · Supplies	6,913.52	7,500.00
8112 · Food	2,048.51	1,000.00
8115 · MOW Program Expense	5,160.00	25,500.00
8120 · Advertising	0.00	200.00
8125 · Video Rentals	171.90	250.00
8160 · Equip rental & maintenance	342.61	300.00
8165 · Equipment Purchase	4,657.59	200.00
8170 · Printing & copying	523.72	500.00
Total 8100 · Non-personnel expenses	19,817.85	35,450.00
8500 · Misc expenses		
8515 · Grants	3,000.00	3,500.00
8530 · Membership dues - organization	455.73	300.00
8535 · Participation Fees	0.00	100.00
8545 · Mileage	545.30	1,500.00
8590 · Other expenses	5,301.44	2,600.00
Total 8500 · Misc expenses	9,302.47	8,000.00
Total Expense	36,355.32	51,100.00
Net Ordinary Income	26,114.72	-5,050.00
Net Income	26,114.72	-5,050.00

Council on Aging
Balance Sheet *
As of April 5, 2016

Apr 5, 16

	<u>Apr 5, 16</u>
ASSETS	
Current Assets	
Checking/Savings	
Bank of America Checking	
Drama Club	692.76
Bank of America Checking - Other	18,699.17
Total Bank of America Checking	<u>19,391.93</u>
Bank of America Maximizer	151,096.52
SVSS Endowment Fund	15,657.25
1040 · Petty cash	
1041 · Cash Drawer	300.00
1042 · Dance Cash Drawer	100.00
Total 1040 · Petty cash	<u>400.00</u>
Total Checking/Savings	<u>186,545.70</u>
Total Current Assets	<u>186,545.70</u>
TOTAL ASSETS	<u>186,545.70</u>
LIABILITIES & EQUITY	
Equity	
Activities	96,769.50
Discretionary	24,533.29
LifeLine	1,317.68
Meals On Wheels	-12,055.55
Reserve	41,806.27
Services & Programs	-1,559.11
3001 · Opening Bal Equity	13,402.95
3010 · Unrestrict (retained earnings)	-3,776.79
Net Income	26,107.46
Total Equity	<u>186,545.70</u>
TOTAL LIABILITIES & EQUITY	<u>186,545.70</u>

COA Home Delivered Meals Report - FY15/16

	Total Meals	Senior Meals	Service Days	Average Meals per Day	Y -T- D Meals	Unduplicated Clients		Donations Received
						New	Y-T-D	
Jul	3006	2907	23	130.7	3006	11	11	\$ 2,731.50
Aug	2595	2502	21	123.6	5601	4	15	\$ 2,539.00
Sept	2713	2612	22	123.3	8314	3	18	\$ 3,234.00
Oct	2694	2616	22	122.5	11008	7	25	\$ 2,187.50
Nov	2446	2372	21	116.5	13454	3	28	\$ 2,304.50
Dec	2941	2850	23	127.9	16395	17	45	\$ 2,894.00
Jan	2582	2512	21	123.0	18977	17	62	\$ 2,408.50
Feb	2777	2690	21	132.2	21754	14	76	\$ 3,304.00
Mar	3081	2993	23	134.0	24835	16	92	\$ 3,499.50
Totals:	24835	24054	197	126.07	24,835	92	92	\$ 25,102.50

VENTURA COUNTY AREA AGENCY ON AGING

VCAAA Advisory Members

VCAAA Advisory Members are nominated by the local Council On Aging and appointed by the City Council for a two year term.

The VCAAA's mission is to serve Ventura County's aged 60+ population, adults with one or more disabilities and their unpaid caregivers by:

- Providing leadership in addressing issues that relate to older Californians, adults with disabilities and their caregivers.
- Developing and maintaining community based systems of care that provide services supporting independence within California's interdependent society, and which protect the quality of life of older persons and persons with functional impairments.
- Enhancing and supporting existing community based service providers systems of care and long term services and supports.
- Promoting citizens involvement in the planning and delivery of services for Ventura County's seniors and adults with disabilities and their caregivers.

This mission shall be accomplished through a network of Education, Advocacy, Problem Solving, Program Planning and Funding.

Regular/Mandatory Meetings:

- Verbal Report to the Simi Valley COA Executive Board on the 2nd Monday of each month, at the Simi Valley Senior Center.
- Attend/Participate the VCAAA Advisory Council meeting every other month on the 2nd Wednesday of every other month, at the VCAAA office in Ventura.
- Attend/Participate in at least two monthly VCAAA Advisory Council Committees Meetings, at the VCAAA offices in Ventura.

The VCAAA Advisory Council/Committee meetings are held at VCAAA Office 646 County Square Dr, Ventura, CA 93003.