SIMI VALLEY YOUTH COUNCIL

Tuesday, November 17, 2015, 5:00 p.m. – 6:00 p.m. *Simi Valley Senior Center 3900 Avenida Simi

AGENDA

- Call to Order/Pledge of Allegiance/Welcome
- 2. Agenda Review

This is the time to reorder and/or remove items from the agenda by consensus of the Youth Council. Any individual member who will be abstaining from a discussion item should announce his/her intentions at this time.

- 3. Approval of Minutes
- 4. Correspondence
- 5. Public Statements/Comments

This is the time allotted for statements or comments on matters within the subject matter and jurisdiction of the Youth Council. Statements and comments are limited to no more than five (5) minutes per speaker.

6. Informational Presentation

Drug Abuse Awareness, by Julia Feig, Director of Emergency Services, Simi Valley Hospital

7. Continued Business

Selection of the 2016 Youth Summit Theme

- 8. New Business
 - a. Discussion of Another Potential 2016 Youth Summit Motivational Speaker
 - Discussion and Selection of the 2016 Youth Summit Community Service Project
- 9. Representative Reports

Youth Council Reports and Comments

This is the time for Youth Council members' statements or comments on matters within the subject matter and jurisdiction of the Youth Council or to request a future agenda item. This is also the time to make any announcements related to community events and other items of interest.



10.	Coordinator's	Report
	000101101010	

11. Adjournment: Tuesday, December 1, 2015, 5:00 p.m. – 6:00 p.m., City Hall Community Room.

<u>/s/</u> Rob Bruce

Deputy Director/Community Programs & Facilities

If any interested individual has a disability that may require accommodation to participate in this meeting, please contact the Youth Council Coordinator at (805) 583-6766. Upon advance notification, reasonable arrangements will be made to provide accessibility to the meeting.

^{*}Please note change in meeting location.

DRAFT MINUTES

1. Call to Order/Pledge of Allegiance/Welcome

Youth Council Chair Kellie McManamon called the meeting to order at 5:03 p.m., and Acting Secretary Alex Judge took attendance and verified that a quorum was present.

2015-16 Youth Council Members							
Selection Districts		Members-At-Large					
P*	Sabdi Lucas-AHS	Р	Humna Ahmad	Α	Marina Vicente		
Р	Leah Nohrenberg -RHS	Α	Gurvardaan Bal				
Р	Emily Ramirez -RHS	Е	Giovanni Caal				
Р	Nicolas Mintzer -SSHS	Р	Janhavi Damerla	Alternates			
Р	Zalma Quezada -SSHS	Р	Sal Gulino	Р	Shanaya Sidhu		
Р	Alex Judge-SVHS	Р	Jeffrey Ho	Р	Samantha Feig		
Р	Kellie McManamon -SVHS	Р	Nicolas Judge	V	Alternate		
Р	Elisabet Lindskog-HMS	Е	Prachi Patel	P = Present E = Excused A = Absent V = Vacant			
Р	Rachel Braswell - SMS	Р	Jasanpreet Pandher				
Р	Neesha Patel-VVMS	Е	Adrian Schemm				
*Arrived after approval of the minutes							

Staff: Kristin Tignac, Youth Council Coordinator

Guests: Bruce Yi, Boys and Girls Club of Simi Valley; Students Yue Dan Chen,

James Chu, Timothy Ho and Ya Gi Wang.

2. Agenda Review

There being no objections, the agenda was approved as presented.

3. Approval of Minutes

ACTION: A motion to approve the October 20, 2015, minutes as written was made by Leah Nohrenberg and seconded by Sal Gulino.

Youth Council vote: 17 Ayes; 0 Noes; 0 Abstentions

The motion passed.

4. Correspondence

Ms. Tignac stated that she had received notice from Giovanni Caal regarding his resignation from the Youth Council due to sports schedule and school conflicts.

5. Public Statements/Comments

Bruce Yi, Director of Teen Programs and Outreach with the Boys and Girls Club of Simi Valley, briefly stated that the Club was offering an increase of teen

programming, including a Financial Literacy workshop on November 4, 2015. Mr. Yi handed out flyers promoting their upcoming teen events.

6. Continued Business

a. Discussion of 2015-16 Youth Council Work Plan

Youth Council members completed a second brainstorming activity to further address issues of concern to youth raised during the October 20, 2015, Youth Council meeting.

<u>ACTION</u>: A motion to approve the 2015-16 Youth Council Work Plan presented below was made by Leah Nohrenberg and seconded by Shanaya Sidhu.

Youth Council vote: 18 Ayes; 0 Noes; 0 Abstentions

The motion passed.

The 2015-16 Youth Council Work Plan will be as follows:

- Decrease drug use by requesting additional student assemblies that show "real" consequences:
- Decrease drug use by researching mandated student athlete drug testing;
- Increase awareness of better study habits, such as time management skills and stress reduction techniques
- Increase the quality and healthy food options offered in school cafeterias with regards to student nutrition;
- Reduce bullying by promoting anti-bullying awareness activities that inform students and community members regarding lesbian, gay, bisexual and transgender (LGBT) issues;
- Reduce the stigma surrounding mental health issues, including depression and suicide by holding an assembly with a motivational speaker that has survived a suicide attempt; and
- Increase awareness of mental health services and resources.
- b. Discussion and Selection of Committees to Address the 2015-16 Youth Council Work Plan

For task management, Ms. Tignac recommended forming committees to research and address action items contained within the 2015-16 Youth Council Work Plan.

The following Youth Council members volunteered to serve on committees targeting the following issues:

Substance Abuse/Underage Drinking: Rachel Braswell, Sal Gulino, Jeffrey Ho, Alex Judge, Nicolas Judge, and Leah Nohrenberg.

General Health: Samantha Feig, Leah Nohrenberg, Zalma Quezada, Jasanpreet Pandher, Emily Ramirez and Shanaya Sidhu.

Bullying Prevention: Humna Ahmad, Janhavi Damerla, Elisabet Lindskog, Kellie McManamon and Zalma Quezada.

Mental Health: Janhavi Damerla, Sabdi Lucas, Leah Nohrenberg, Jasanpreet Pandher, Emily Ramirez and Shanaya Sidhu.

Two additional committees were formed.

Environmental Concerns: Samantha Feig, Sabdi Lucas, Nicolas Mintzer, Leah Nohrenberg, Jasanpreet Pandher, Emily Ramirez and Shanaya Sidhu.

Teen Activities, including Festival of the Arts, Youth Movement (FAYM): Humna Ahmad, Alex Judge, Nicolas Judge, Nicolas Mintzer, Zalma Quezada and Shanaya Sidhu.

ACTION: A motion to approve the committees as presented above to address the 2015-16 Youth Council Work Plan was made by Humna Ahmad and seconded by Sabdi Lucas.

Youth Council vote: 18 Ayes; 0 Noes; 0 Abstentions

The motion passed

Ms. Tignac stated that she would contact committee members to coordinate meeting dates.

7. New Business

a. Selection of the Top Seven Preferred 2016 Youth Summit Motivational Speakers

Youth Summit Committee Chair Nicolas Mintzer stated that the Youth Summit Committee had met and selected eleven potential Youth Summit motivational speakers. After a brief discussion and vote, the Youth Council selected the following individuals as its top seven preferred 2016 Youth Summit motivational speakers to present to the Ronald Reagan Presidential Learning Center staff; Shailene Woodley, Ryan Higa, Nick Vujicic, Bethany Hamilton, Joey King, Dwayne Johnson, and Hailee Steinfeld.

ACTION: A motion to approve the top seven preferred 2016 Youth Summit motivational speakers as presented above was made by Jasanpreet Pandher and seconded by Janhavi Damerla.

Youth Council vote: 18 Ayes; 0 Noes; 0 Abstentions

The motion passed

b. Selection of the 2016 Youth Summit Theme

Due to time constraints, Youth Council Chair Kellie McManamon recommended moving the discussion of this agenda item to the November 17, 2015, Youth Council meeting. There were no objections

8. Representative Reports

Leah Nohrenberg commented on the need for water storage with regards to the drought and recommended sending a letter to Congressman Steve Knight regarding concerns.

Emily Ramirez reported that she presented the Youth Council Comments at the November 2, 2015, City Council Meeting and described her experience.

Ms. Ramirez announced that she and 14 other Royal High School Air Force JROTC cadets had been asked to volunteer at the Secretary of Defense Forum on Saturday, November 7, 2015, at the Ronald Reagan Presidential Library and Museum.

9. Coordinator's Report

Ms. Tignac announced that she had attended Hillside Middle School's Stop Bullying Pledge day and was impressed by the students' enthusiasm to participate in the pledge.

10. Adjournment: Tuesday, November 17, 2015, 5:00 p.m., to 6:00 p.m., *Simi Valley Senior Center.

Chair Kellie McManamon adjourned the meeting at 6:10 p.m.