



# Simi Valley Council On Aging

3900 Avenida Simi, Simi Valley, CA 93063 Phone: 805.583.6041 Fax: 805.583.7921

## **Simi Valley Council On Aging (COA) Monthly Meeting**

Agenda

Monday, October 12, 2015

1:00 p.m.

Simi Valley Senior Center

3900 Avenida Simi, Simi Valley, CA 93063

**Please silence your cell phones**

1. Call to Order and Pledge of Allegiance

2. Roll Call

3. Agenda Review

4. Approval of Minutes

5. Report of COA Chair

6. Representative Reports

A. City Council Liaison

B. Deputy Director/Community Programs & Facilities

C. Senior Services Manager

D. Ventura County Area Agency on Aging

E. Task Force On Homelessness

7. Presentations

A. Volunteer of the Month

B. Water Rates

8. Public Statements

This is the time reserved for citizens who wish to make public statements or comments on items within the subject matter and jurisdiction of the COA.

9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports

A. Officer Reports

1. Vice Chair

2. Treasurer

3. Corresponding Secretary

### **Council On Aging Mission Statement**

The mission of the Simi Valley Council On Aging, an advisory body elected by senior citizens and appointed by the Simi Valley City Council, is to identify the needs of senior citizens in this community. The Council On Aging serves as an advocate to support programs and services providing seniors with maximum independence, safety, and quality of life.

- B. Liaison and Program Manager Reports
    - 1. Speakers Bureau Program Manager
    - 2. Senior Share Liaison
    - 3. Housing Liaison
    - 4. Lifeline Liaison
    - 5. Meals On Wheels Liaison
  - C. Ad Hoc Committee Reports
    - 1. Dance Committee
    - 2. Arts & Crafts Fair Committee
    - 3. Annual Fund Drive Committee
10. Continued Business
- A. Discussion/Action on recommending raising the age to qualify as a senior for fixed route bus fare to 65.
  - B. Discussion/Action on recommending raising the age to qualify as a senior for the Dial-A-Ride bus fare to 65.
  - C. Discussion/Action on recommending that all passengers who utilize the Dial-A Ride services pay the same fare.
  - D. Discussion/Action on recommending that all transit fares are increased to help offset the cost of providing the service.
11. New Business
- A. Appointment of Barbara Durham as the COA Executive Board Nomination Committee Chair.
  - B. Appointment of John Williams as the Wayne Templeton Volunteer of the Year Committee Chair.
  - C. Appointment of Fred Goldberg as the COA Special Event Support Review Committee Representative.
12. Announcements of Upcoming Events
- A. COA Fall Arts & Crafts Fair Friday, October 23, 9:00 a.m. to 3:00 p.m. and Saturday, October 24, 8:00 a.m. to 3:00 p.m.
  - B. Pancake Breakfast, Saturday October 24, 8:00 to 11:00 a.m.
13. Suggestions of Agenda Items for the November 9, 2015 meeting
14. Adjournment

/s/

---

Rob Bruce

Deputy Director/Community Programs & Facilities

If any individual has a disability that may require accommodation to participate in this meeting, please contact the Simi Valley Senior Center at (805) 583-6363. Upon advance notification of the need for accommodation, reasonable arrangements will be made to provide accessibility to the meeting.

**DRAFT MINUTES**

1. Call to Order and Pledge of Allegiance – Toni Olson called the meeting to order at 1:00 p.m. and led the Pledge of Allegiance.
2. Roll Call – Members present were Jean Cecil, Barbara Durham, Fred Goldberg, Sharon McCann, Toni Olson, Kenneth Sinn, June Marie Von Osinski and John H. Williams.
3. Agenda Review – By consensus of the Executive Board, the agenda was approved as presented.
4. Approval of Minutes - The minutes of June 8, 2015 were approved by a consensus of the Executive Board.
5. Report of COA Chair – Toni Olson welcomed everyone back after the summer break and thanked those who continued to volunteer on committees, etc. even though the COA was not in session.
6. Representative Reports
  - A. City Council Liaison – Council Member Mike Judge announced that the Buffalo Wild Wings restaurant is scheduled to open on September 21 at the Simi Valley Town Center and the Studio Grill movie theater is scheduled to open on October 22. He also said a Charming Charlie store might possibly open at the Center in the near future and a Sprouts grocery store is looking at moving into a portion of one of the closed Haggen store sites.
  - B. Deputy Director/Community Programs & Facilities – Rob Bruce reported that the renovation of the Senior Center kitchen is on schedule to take place January through March, 2016. It will coincide with the availability of the Boys and Girls Club kitchen to prepare meals during the construction.
  - C. Senior Services Manager – Laurie Dickinson reported that the 2015 50+ Community Games were very successful with 430 participants and that the Rancho Simi Recreation and Park District staff really appreciated the support from the COA. She pointed out that a free presentation, “Aging and Your Brain,” will be offered on Friday, September 25, at the Senior Center and will be taught by a professor from Moorpark College. Ms. Dickinson said the presentation is full with a waiting list.

- D. Ventura County Area Agency on Aging Representative – Toni Olson announced that VCAAA had received two awards - one for the Home Share program and the other for the Matter of Balance Program. She also told members to save the date for the Senior Summit on Saturday, November 14 at Cal State Channel Islands. The Summit is free and transportation is available from the Senior Center. Registration begins on October 26 and Ms. Olson said she would have registration information at the next meeting. She also informed members that the Senior Nutrition Committee will be meeting to review the funding formula for the meal sites throughout the county.
  - E. Simi Valley Transit – There was no report since it has an item later on in the agenda.
  - F. Task Force on Homelessness – June Marie Von Osinski said the Task Force met on August 13 and the Home Share Program gave a presentation on their services.
7. Presentations
- A. Volunteer of the Month – Laurie Dickinson presented this award to Rose Bustos for her volunteer work with the Rendezvous Café luncheon attendees.
  - B. Adult Protective Services – Marcy Snider from Adult Protective Services (APS) presented an overview of the program. She impressed upon members that unlike Child Protective Services, except in extreme situations where the client is declared incompetent, the client has a right to refuse services. However, she pointed out her social workers try really hard to persuade clients to accept help. Ms. Snider mentioned that to be eligible for services one needs to be 65 years of age or older or 18 years or older with a disability. She said that the State of California recognizes self-neglect which many other states do not. Ms. Snider told members to call (805) 654-3200 to make a report if they suspect abuse, and it is kept anonymous. The social worker assigned to the case has 10 days to investigate the claim or within 24 hours if it is considered life threatening. If you are not sure whether you should make a referral, you can call a social worker at (805) 658-4450 to discuss the situation.
8. Public Statements – Sharon McCann informed members that a free female empowerment workshop for teenage girls put on by the Soroptimists Club will be held on October 3. She encouraged members to tell their granddaughters about it. Toni Olson told members about a group from Thousand Oaks which is trying to start a “Village to Village” program, where seniors living in the same area access services as a group. They are having interest meetings at the Conejo Library on October 26 from 4:00 to 5:30 p.m. and 6:00 to 7:30 p.m.

9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports

A. Officer Reports

1. Vice Chair – Barbara Durham told members she went to the Opening Ceremonies of the 50+ Community Games and asked how many of the participants are members of the COA. Very few raised their hands. She told members that the COA needs to find ways to let seniors know that if they are 60 years of age and older and live in Simi Valley, they are automatically COA members.
2. Treasurer – Sharon McCann gave an update on the budget and explained expenditures from last year. She stated that the \$2,100 in prize money paid out during the Bingo Bonanza event was included under the “Other Expense” category.
3. Corresponding Secretary – Ken Sinn stated that he had responded to three donations made to the Meals On Wheels program.

B. Liaison & Program Manager Reports

1. Speakers Bureau Program Manager – Toni Olson said that the Speakers Bureau was in the process of giving presentations to the four Neighborhood Councils. She also asked members to contact her if they know of any agencies that would like a presentation on the Senior Center.
2. Senior Share Liaison – Joe Beutz reported that the maximum number of clients they can serve is 101 due to storage and assembly capacities. He also mentioned that there is a private individual, an agency called Food Forward that harvests fresh produce, and a women’s Harley motorcycle club, who all donate food for the program.
3. Housing Liaison – Judy Pepiot gave an overview of the shipping container housing phenomenon. She told members of an organization called Growth Point Structures which uses shipping container technology for building schools, residential buildings, commercial and other structures.
4. Lifeline Liaison – No Report.
5. Meals On Wheels Liaison – Ed Mazeika reported that 2,917 meals were delivered in July and 2,502 delivered in August and that quarterly assessments will begin soon.

C. Ad Hoc Committee Reports

1. Dance Committee – Jean Cecil reported that the Senior Sock Hop held on September 11 was successful with 61 people in attendance. The next dance is the Halloween Dance on October 9.
2. Stars and Stripes Committee - Ken Sinn reported that 130 people came to the ice cream social even though it rained that day. He said that the only problem was they ran out of whip cream.
3. Bingo Bonanza Committee – Sharon McCann gave a report on the recent Bingo Bonanza which had 156 attendees. The estimated revenue was \$2,300.
4. Arts & Crafts Fair Committee – Toni Olson announced that all the booths have been sold for the Fall Arts & Crafts Fair which will be held October 23 & 24. She also reminded members about the pancake breakfast sponsored by the Rotary Club of Simi Valley Noontimers on October 24.

10. Continued Business - None.

11. New Business – Sommer Barwick and Mara Malch gave a presentation on the proposed fare increases for fixed route and Paratransit (Dial-A-Ride) bus service in Simi Valley. She discussed a proposal to increase the eligible age from 60 to 65 for Dial-A-Ride. Ms. Barwick told members that due to new State regulations, the City needs to dramatically increase the fare box ratio (the amount of fares collected versus the cost of providing service) to continue receiving state funding. She also explained it is much more expensive to provide the Dial-A-Ride service versus the fixed route.

A. Discussion/Recommendation of Proposed Changes to Transit Fares and Senior Service Age.

A motion was made by Barbara Durham and seconded by Sharon McCann that the eligibility age to ride the ADA bus be raised to 65, the ADA fares raised to \$2.00, and fixed route fares raised to \$1.50.

Audience	6 Ayes	2 Noes	2 Abstentions
----------	--------	--------	---------------

Board	1 Ayes	2 Noes	3 Abstentions
-------	--------	--------	---------------

The motion did not pass.

The subject will be continued at the next COA meeting.

12. Announcements of Upcoming Events  
COA Dance, Friday, October 9, 7:30 to 10:00 p.m.
13. Suggestions of Agenda Items for the October 12, 2015 meeting.  
  
None.
14. Adjournment - Meeting adjourned at 3:23 p.m.

**Council on Aging**  
**Balance Sheet \***  
As of October 6, 2015

	<b>Oct 6, 15</b>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Checking/Savings</b>	
Bank of America Checking	
Drama Club	865.31
Bank of America Checking - Other	9,059.29
	9,924.60
<b>Total Bank of America Checking</b>	9,924.60
Bank of America Maximizer	133,554.32
SVSS Endowment Fund	16,615.27
<b>1040 · Petty cash</b>	
1041 · Cash Drawer	297.99
1042 · Dance Cash Drawer	100.00
	397.99
<b>Total 1040 · Petty cash</b>	397.99
	160,492.18
<b>Total Checking/Savings</b>	160,492.18
	160,492.18
<b>Total Current Assets</b>	160,492.18
	160,492.18
<b>TOTAL ASSETS</b>	<b>160,492.18</b>
<b>LIABILITIES &amp; EQUITY</b>	
<b>Equity</b>	
Activities	96,769.50
Discretionary	24,533.29
LifeLine	1,317.68
Meals On Wheels	-12,055.55
Reserve	41,806.27
Services & Programs	-1,559.11
3001 · Opening Bal Equity	13,402.95
3010 · Unrestrict (retained earnings)	-3,776.79
Net Income	53.94
	160,492.18
<b>Total Equity</b>	160,492.18
	160,492.18
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>160,492.18</b>



**Council on Aging**  
**Profit & Loss Budget vs. Actual**  
 July 1 through October 6, 2015

	<b>Jul 1 - Oct 6, 15</b>	<b>Budget</b>
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>4 · Contributed support</b>		
4010 · Individual Contribution	1,451.17	580.65
4015 · Business Contribution	255.14	96.77
<b>Total 4 · Contributed support</b>	1,706.31	677.42
<b>5 · Earned revenues</b>		
5310 · Interest-savings/short-term inv	19.81	0.00
5340 · Other investment income	-223.25	0.00
5490 · Miscellaneous revenue	3,625.45	2,845.16
5560 · Tickets	6,000.00	6,324.52
5570 · Drawings	370.00	239.52
5580 · Table Reservations	2,400.00	4,200.00
<b>Total 5 · Earned revenues</b>	12,192.01	13,609.20
<b>Total Income</b>	13,898.32	14,286.62
<b>Expense</b>		
<b>7200 · Contracted personnel services</b>		
7220 · Musicians & bands	2,425.00	2,511.13
<b>Total 7200 · Contracted personnel services</b>	2,425.00	2,511.13
<b>8100 · Non-personnel expenses</b>		
8110 · Supplies	2,421.89	2,571.61
8112 · Food	484.38	659.68
8115 · MOW Program Expense	0.00	8,500.00
8120 · Advertising	0.00	100.00
8125 · Video Rentals	51.57	79.84
8160 · Equip rental & maintenance	1,342.61	300.00
8165 · Equipment Purchase	4,570.50	100.00
8170 · Printing & copying	96.54	100.00
8100 · Non-personnel expenses - Other	0.00	2,000.00
<b>Total 8100 · Non-personnel expenses</b>	8,967.49	14,411.13
<b>8500 · Misc expenses</b>		
8515 · Grants	0.00	1,000.00
8535 · Participation Fees	0.00	50.00
8545 · Mileage	296.80	479.03
8590 · Other expenses	2,155.09	48.39
<b>Total 8500 · Misc expenses</b>	2,451.89	1,577.42
<b>Total Expense</b>	13,844.38	18,499.68
<b>Net Ordinary Income</b>	53.94	-4,213.06
<b>Net Income</b>	53.94	-4,213.06

**Camino Esperanza: (NOW READY TO START CONSTRUCTION NEXT MONTH)**

Cabrillo Economic Development Corporation's 31-unit complex, reserved for age 62+ very low-incomes, at 1384 Katherine Road South was originally approved last year. Funding issues have now been resolved & work is scheduled to begin November 2015 with an expected construction time of 14 months (weather permitting).

- 5 single-story unit buildings + manager's unit
- Common areas & recreation building with 57% landscape coverage
- Rural, non-institutional setting with ranch-style buildings
- 1-bedroom units (540 sq. ft.) having front/back porches, locking storage & one assigned parking spot
- Universal Design – including stall showers

*The project will reserve:*

- 11 units for seniors with disabilities earning no more than 25% of Area Median Income
- 3 units for seniors earning no more than 35% AMI
- Remaining 16 units for seniors earning no more than 50% AMI

**New Affordable Senior Apartments being proposed:**

The Ventura County Area Housing Authority is bidding on the 13 acre site that currently is occupied by Rancho Simi Recreation & Park District headquarters at 1692 Sycamore Drive. The proposed use would build up to 160 affordable senior units & up to 373 market rate multifamily units, in separate areas of the site.

Other developers are also bidding on the available property so at this time it is unknown if the Area Housing Authority will be proceeding as proposed. If it is built, the senior element will be the first "public housing" in Simi Valley, available to Section 8 vouchers & seniors with very low incomes.

Our city has lost a significant number of affordable units in the past few years as city affordability agreements with property owners expired. We may lose 99 more affordable senior units in the next five years for the same reason.

Judy Pepiot

## COA Home Delivered Meals Report - FY15/16

	Total Meals	Senior Meals	Service Days	Average Meals per Day	Y -T- D Meals	Unduplicated Clients		Donations Received
						New	Y-T-D	
Jul	3006	2907	23	130.7	3006	11	11	\$ 2,731.50
Aug	2595	2502	21	123.6	5601	4	15	\$ 2,539.00
Sept	2713	2612	22	123.3	8314	3	18	\$ 3,234.00
<b>Totals:</b>	<b>8314</b>	<b>8021</b>	<b>66</b>	<b>125.97</b>	<b>8,314</b>	<b>18</b>	<b>18</b>	<b>\$ 8,504.50</b>