

Simi Valley Council On Aging (COA) Monthly Meeting

Agenda

Monday, September 14, 2015

1:00 p.m.

Simi Valley Senior Center

3900 Avenida Simi, Simi Valley, CA 93063

1. Call to Order and Pledge of Allegiance
2. Roll Call
3. Agenda Review
4. Approval of Minutes
5. Report of COA Chair
6. Representative Reports
 - A. City Council Liaison
 - B. Deputy Director/Community Programs & Facilities
 - C. Senior Services Manager
 - D. Ventura County Area Agency on Aging
 - E. Simi Valley Transit
 - F. Task Force On Homelessness
7. Presentations
 - A. Volunteer of the Month
 - B. Adult Protective Services
8. Public Statements

This is the time reserved for citizens who wish to make public statements or comments on items within the subject matter and jurisdiction of the COA.
9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports
 - A. Officer Reports
 1. Vice Chair
 2. Treasurer
 3. Corresponding Secretary

Council On Aging Mission Statement

The mission of the Simi Valley Council On Aging, an advisory body elected by senior citizens and appointed by the Simi Valley City Council, is to identify the needs of senior citizens in this community. The Council On Aging serves as an advocate to support programs and services providing seniors with maximum independence, safety, and quality of life.

- B. Liaison and Program Manager Reports
 - 1. Speakers Bureau Program Manager
 - 2. Senior Share Liaison
 - 3. Housing Liaison
 - 4. Lifeline Liaison
 - 5. Meals On Wheels Liaison

- C. Ad Hoc Committee Reports
 - 1. Dance Committee
 - 2. Stars and Stripes Committee
 - 3. Bingo Bonanza Committee
 - 4. Arts & Crafts Fair Committee

- 10. Continued Business – None.

- 11. New Business
Discussion/Recommendation of Proposed Changes to Transit Fares and Senior Service Age.

- 12. Announcements of Upcoming Events
COA Dance, Friday, October 9, 7:30 to 10:00 p.m.

- 13. Suggestions of Agenda Items for the October 12, 2015 meeting

- 14. Adjournment

/s/
Rob Bruce
Deputy Director/Community Programs & Facilities

If any individual has a disability that may require accommodation to participate in this meeting, please contact the Simi Valley Senior Center at (805) 583-6363. Upon advance notification of the need for accommodation, reasonable arrangements will be made to provide accessibility to the meeting.

DRAFT MINUTES

1. Call to Order and Pledge of Allegiance – Vice Chair Barbara Durham called the meeting to order at 1:00 p.m. Jean Cecil led the Pledge of Allegiance.
2. Roll Call – Members present were Jean Cecil, Barbara Durham, Fred Goldberg, Sharon McCann, Kenneth Sinn, June Marie Von Osinski and John H. Williams. Toni Olson was excused.
3. Agenda Review – By consensus of the Executive Board, the agenda was approved as presented following an edit of Item 12.B. Announcements of Upcoming Events by Laurie Dickinson correcting the hours of the Ice Cream Social to read 2:00 p.m. to 4:00 p.m.
4. Approval of Minutes - The minutes of May 11, 2015 were approved by a consensus of the Executive Board.
5. Report of COA Chair – Vice Chair Barbara Durham announced that the COA would not meet during July and August.
6. Representative Reports
 - A. City Council Liaison – Council Member Mike Judge had no report.
 - B. Deputy Director/Community Programs & Facilities – Rob Bruce had no report.
 - C. Senior Services Manager – Laurie Dickinson explained that the Simi Valley Adult School would no longer offer courses at the Senior Center. She said the Rancho Simi Recreation and Park District will be expanding the number of courses they offer, but the costs will be slightly higher.

Ms. Dickinson also announced that vouchers for the Simi Valley Farmers' Market will be available in July.
 - D. Ventura County Area Agency on Aging Representative(s) – There was no report.
 - E. Simi Valley Transit – There was no report.
 - F. Task Force on Homelessness – June Marie von Osinski reported that the Simi Valley Police Department has cleared out several of the homeless encampments and that 34.5 tons of waste was removed. She also said they had decided to discontinue the Directory of Homeless Services produced by the City since services are constantly changing and it is

impossible to keep it current. They decided that the 211 services which refer citizens to available services were more reliable and easier to access.

7. Presentations

- A. Volunteer of the Month – Laurie Dickinson announced that Kevin J. Alves was the June Volunteer of the Month. Kevin is the volunteer coordinator responsible for recruiting and placing volunteers at the Senior Center.
- B. Ventura County Area Agency on Aging – Victoria Jump, Executive Director, gave a presentation on the organization and function of the Area Agency on Aging. She explained that the agency served the 60 plus population and disabled individuals 18 years of age and older. She emphasized the rapid growth in people over 60 and the growing need for services. She explained that the VCAAA goal is to provide services that promote allowing clients to live in the community for as long as possible. Ms. Jump also briefly explained that the agency has applied for a grant to establish an Aging and Disability Resource Center which would streamline access to providers and ensure clients are part of the decision making process in their care.

8. Public Statements – There were none.

9. Officer, Liaison, Program Manager, and Ad Hoc Committee Reports

A. Officer Reports

- 1. Vice Chair – Barbara Durham had no report.
- 2. Treasurer – Sharon McCann gave a summary of the improvements to the Senior Center the COA funded which came to \$52,000 for the year.
- 3. Corresponding Secretary – Ken Sinn reported responding to donations for the Meals On Wheels program.

B. Liaison & Program Manager Reports

- 1. Speakers Bureau Program Manager – Toni Olson was absent.
- 2. Senior Share Liaison – Joe Beautz reported that food donations were down slightly, but that they are still serving 104 clients.
- 3. Housing Liaison – Judy Pepiot had no report.

4. Lifeline Liaison – Don Novell explained that the Lifeline program through Simi Valley Hospital is more affordable than the commercial programs and those clients pay what they can afford. He said that this is possible due to the work of volunteers along with monetary donations, including from the COA.
5. Meals On Wheels Liaison – Ed Mazeika was absent.

C. Ad Hoc Committee Reports

1. Dance Committee – Jean Cecil invited everyone to the Senior Prom on June 12 from 7:30 to 10:00 p.m. She said a sit down dinner will be served and reminded members about the free dance lessons from 6:30 to 7:30 p.m.
2. Wellness Expo Committee – Barbara Durham announced \$17,000 in revenue was collected as a result of the Expo. She said this was in part a result of two big sponsors; Kaiser Permanente and the Simi Valley Hospital and she thanked COA Executive Board member Ken Sinn for recruiting Kaiser Permanente. She announced that the date for next year's event is April 20, 2016.
3. Finance Committee – Sharon McCann announced two requests for expenditures that will be addressed under New Business; a new freezer for the Senior Share program and funding for an additional route for the Meals On Wheels program.
4. Stars & Stripes Committee – Ken Sinn invited everyone to the ice cream social on July 18 at the Senior Center from 2:00 to 4:00 p.m. He said there will not only be ice cream but live music and good company.

10. Continued Business - None.

11. New Business

- A. Discussion/ Action on the allocation of up to \$3,200 to purchase a commercial freezer for the Senior Share program.

A motion was made by John Williams and seconded by June Von Osinski to approve an expenditure of up to \$3,300 to purchase a commercial freezer for the Senior Share program.

Audience	15 Ayes	0 Noes	0 Abstentions
Board	6 Ayes	0 Noes	0 Abstentions

The motion passed.

- B. Discussion/Action on a supplemental budget request of up to \$22,000 in additional funds to add another hot meal route to the Meals On Wheels program.

A motion was made by Kenn Sinn and seconded by Fred Goldberg to approve an expenditure of up to \$22,000 to fund another hot meal route.

Audience 15 Ayes 0 Noes 0 Abstentions

Board 6 Ayes 0 Noes 0 Abstentions

The motion passed.

12. Announcements of Upcoming Events

- A. COA Dances, Friday, June 12, July 10, August 14 & September 11, 7:30 to 10:00 p.m.
- B. Stars & Stripes Social, Saturday, July 18, 2:00 to 4:00 p.m.
- C. Bingo Bonanza, Saturday, September 12, 9:30 a.m. to 3:00 p.m.

13. Suggestions of Agenda Items for the September 14, 2015 meeting.

14. Adjournment: The meeting adjourned at 2:20 p.m.

Council on Aging
Balance Sheet *
As of September 8, 2015

	<u>Sep 8, 15</u>
ASSETS	
Current Assets	
Checking/Savings	
Bank of America Checking	
Drama Club	865.31
Bank of America Checking - Ot...	1,731.92
Total Bank of America Checking	<u>2,597.23</u>
Bank of America Maximizer	136,047.85
SVSS Endowment Fund	16,838.52
1040 · Petty cash	
1041 · Cash Drawer	297.99
1042 · Dance Cash Drawer	100.00
Total 1040 · Petty cash	<u>397.99</u>
Total Checking/Savings	<u>155,881.59</u>
Total Current Assets	<u>155,881.59</u>
TOTAL ASSETS	<u>155,881.59</u>
LIABILITIES & EQUITY	
Equity	
Activities	96,769.50
Discretionary	24,533.29
LifeLine	1,317.68
Meals On Wheels	-12,055.55
Reserve	41,806.27
Services & Programs	-1,559.11
3001 · Opening Bal Equity	13,402.95
3010 · Unrestrict (retained earning...	-3,776.79
Net Income	-4,556.65
Total Equity	<u>155,881.59</u>
TOTAL LIABILITIES & EQUITY	<u>155,881.59</u>

Council on Aging
Profit & Loss Budget vs. Actual
July 1 through September 8, 2015

	Jul 1 - Sep 8, 15	Budget
Ordinary Income/Expense		
Income		
4 · Contributed support		
4010 · Individual Contribution	210.06	0.00
4015 · Business Contribution	255.14	0.00
Total 4 · Contributed support	465.20	0.00
5 · Earned revenues		
5310 · Interest-savings/short-term inv	13.34	0.00
5490 · Miscellaneous revenue	1,982.95	1,813.33
5560 · Tickets	4,623.00	3,770.67
5570 · Drawings	263.00	170.00
5580 · Table Reservations	0.00	1,120.00
Total 5 · Earned revenues	6,882.29	6,874.00
Total Income	7,347.49	6,874.00
Expense		
7200 · Contracted personnel services		
7220 · Musicians & bands	1,725.00	1,811.33
Total 7200 · Contracted personnel servi...	1,725.00	1,811.33
8100 · Non-personnel expenses		
8110 · Supplies	1,342.00	1,648.00
8112 · Food	484.38	466.67
8115 · MOW Program Expense	0.00	2,266.67
8120 · Advertising	0.00	26.67
8125 · Video Rentals	51.57	56.67
8160 · Equip rental & maintenance	1,342.61	80.00
8165 · Equipment Purchase	4,570.50	26.67
8170 · Printing & copying	42.79	26.67
8100 · Non-personnel expenses - Other	0.00	533.33
Total 8100 · Non-personnel expenses	7,833.85	5,131.35
8500 · Misc expenses		
8515 · Grants	0.00	266.67
8535 · Participation Fees	0.00	13.33
8545 · Mileage	229.60	340.00
8590 · Other expenses	2,115.69	0.00
Total 8500 · Misc expenses	2,345.29	620.00
Total Expense	11,904.14	7,562.68
Net Ordinary Income	-4,556.65	-688.68
Net Income	-4,556.65	-688.68

On August 18th, I attended the nonprofit HOME (Housing Opportunities Made Easier) conference, “HOUSING INNOVATION & IMPLEMENTATION at the V.C. Community Foundation headquarters in Camarillo.

Subject: Shipping Container Reuse:

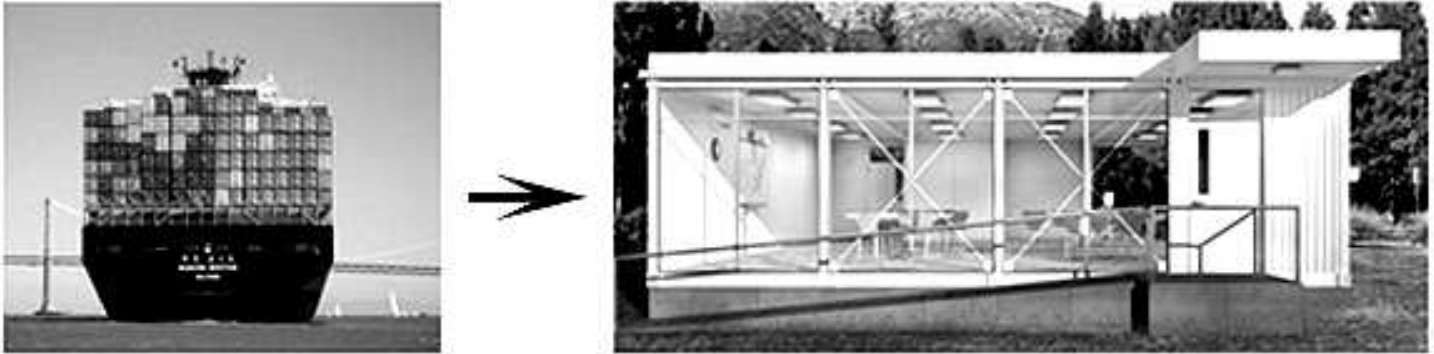
Panelists: Ron Mulvihill – Housing Innovations & Solutions Consultant

Preston Clark – Growth Point Structures in Los Angeles

Growth Point Structures was established in 2012 to provide shipping container technology for building schools, residential buildings/homes, commercial & other structures.

City of Los Angeles recently approved the company’s housing plans; there are 2 multifamily projects in progress in California. More are in planning now – Orange County, San Francisco & Sacramento.

Recycled shipping containers provide a new approach to building in the United States



SUSTAINABLE: Reclaimed steel, reconditioned wood, recycled glass

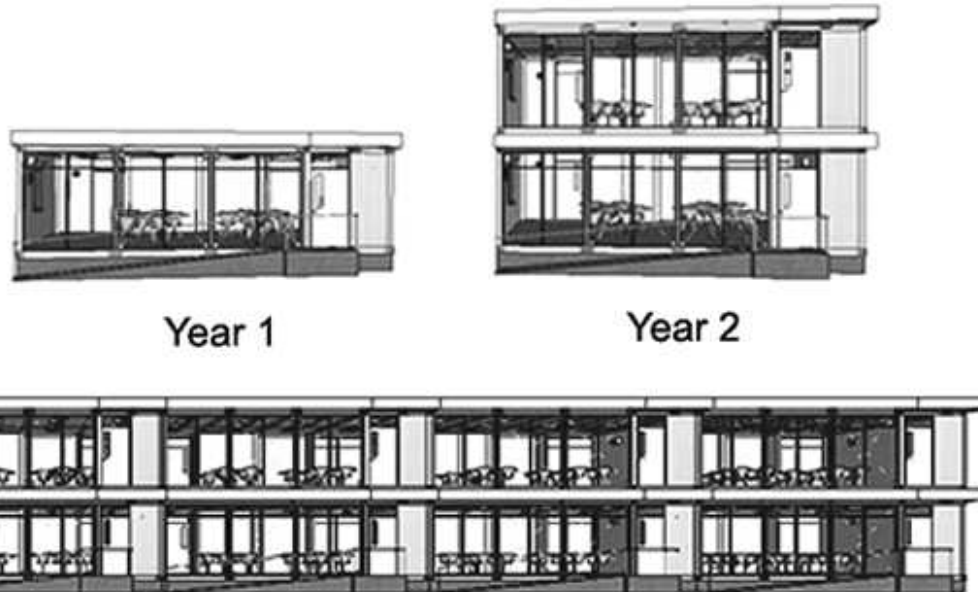
DURABLE: 106 times stronger than building code & can be stacked 7+ times high

SCALABLE: Perfect modular application & easy to move now/later

EFFICIENT SYSTEM: Saves both time & money

- Any MODULAR construction = 50% faster than site built
- CONTAINER BUILDING = 30% faster than other modular

GrowthPoint has set new standards in construction – Stack & expand without changing base structure * Base model is LEED Platinum attainable * ALREADY CA STATE-CERTIFIED APPROVED



Long-Term Expansion

SAFE, DURABLE, BUILT TO LAST



School

Designed to withstand earthquakes, hurricanes & tornados

Withstands 112-tons of compressive force/17-tons lateral

106 times stronger than required by building codes

Resists weathering over 100 years

Inherent options to resist vandalism & increase security

*Cool roof technology reduces heat absorption by over 90%,
reducing air conditioning electricity bills 20%*

Projects in planning now – Orange County, S.F. & Sacramento



Sample of Projects in planning now – L.A.



COA Home Delivered Meals Report - FY15/16

	Total Meals	Senior Meals	Service Days	Average Meals per Day	Y -T- D Meals	Unduplicated Clients		Donations Received
						New	Y-T-D	
Jul	3006	2918	23	130.7	3006	11	11	\$ 2,731.50
Aug	2595	2502	21	123.6	5601	4	15	\$ 2,539.00
Totals:	5601	5420	44	127.30	5,601	15	15	\$ 5,270.50

CITY OF SIMI VALLEY • MEMORANDUM

DATE: September 10, 2015
TO: Council On Aging
FROM: Sommer Barwick, Director of Community Services
SUBJECT: Discussion of Proposed Changes to Transit Fares and Senior Service Age

Staff is soliciting public input relative to proposed changes to Transit fares and Senior service age.

Issue

As a result of state legislative changes, the City of Simi Valley is now required to recover 20% of fixed-route operating expenses, and 10% of Americans with Disabilities Act (ADA) Paratransit/Dial-a-Ride (DAR) operating expenses through fare revenue. The consequence of not meeting these mandates is a loss of transportation funding, which could impact current service levels. Currently, these mandates are not being met (Table 1). The last increase to Transit fares was made in 2003. A public hearing is tentatively planned for November 2015, for the City Council to consider adjustments to fares and senior service age.

Table 1 – State Mandated Fare Box Recovery Ratios

	State Mandate	Estimate Simi Valley	Difference
Fixed-Route	20%	12.1%	7.9%
ADA/DAR	10%	2.7%	7.3%

Process

The City hired a consultant, who prepared a cost/revenue and market study, and provided proposed increases to the fares and senior service age. Community input is currently being solicited, and alternatives will be presented to the City Council during a public hearing this fall 2015. Staff is also seeking the Council On Aging's recommendation for proposed changes to fixed-route and ADA/DAR fares and senior service age.

Senior Service Age

Most Transit agencies in Ventura County have a senior eligibility age of 65, as does the new East County Transit Alliance (ECTA) InterCity Connect travel (Table 2). Simi Valley currently has an eligibility age of 60. Riders must be seniors or ADA certified to receive ADA/DAR services. The consultant proposed that the eligibility age for senior riders be increased to 65. This would provide consistency with other area transit agencies, and

reduce confusion for riders, while creating greater reliability of access to public transportation for seniors, and assist in balancing out the supply and demand capacity issues in the ADA/DAR services.

Table 2 - Definition of a Senior in Ventura County Transit Agencies

Agency	Senior Eligibility Age
ECTA InterCity	65
Gold Coast Transit	65
County of Ventura	65
VCTC InterCity	65
Oxnard Harbor DAR	65
City of Thousand Oaks	65
Ojai Transit	65
City of Moorpark	65
City of Simi Valley – Current	60
City of Simi Valley – Proposed	65
City of Camarillo	55

Senior Service Age Options -

1. Maintain existing senior service age of 60;
2. Increase senior age requirement to 65 for all DAR and fixed-route riders;
3. Increase senior age requirement to 65 for DAR and fixed-route riders, however allow existing registered DAR seniors under the age of 65 to maintain their eligibility;
4. Provide other recommendations to the City Council.

IntraCity ADA/DAR Fares

The demand for IntraCity (within Simi Valley) ADA/DAR service is currently higher than the level of available service. For ADA/DAR services, as more passengers use the service, the City’s expenses increase making the fare recovery from all riders critical to maintain recovery requirements. Based on the cost/revenue and market studies, it is proposed to increase the IntraCity ADA fare from \$1.50 and the IntraCity senior fare from donation only, to \$2.00 for all riders. This provides consistency for all riders, and is comparable with other local agencies (Table 3), creating ease of use for riders on a regional basis. No changes are recommended for the newly established CONNECT InterCity (regional) fare, which was designed to meet the fare box recovery ratio.

Table 3 - ADA/DAR Fare Comparisons

Agency	IntraCity Fare	InterCity Fare
City of Camarillo	\$1.50	\$5.00 (CAT destinations)
City of Moorpark	\$2.00	\$5.00 (all ECTA destinations)
Gold Coast Transit	\$3.00	\$3.00 (GCTD destinations)
City of Thousand Oaks	\$3.00	\$5.00 (all ECTA destinations)
City of Simi Valley – Current	\$1.50	\$5.00 (all ECTA destinations)
City of Simi Valley - Proposed	\$2.00	\$5.00 (all ECTA destinations)

IntraCity ADA Fare Options -

1. Maintain current ADA fare of \$1.50;
2. Increase ADA fare to \$2.00
3. Increase ADA fare to \$3.00, consistent with Gold Coast Transit and the City of Thousand Oaks;
4. Provide other recommendations to the City Council.

IntraCity Senior DAR Fare Options -

1. Maintain donation-only fare for seniors;
2. Increase Senior DAR fare to \$2.00
3. Increase Senior DAR fare to \$3.00, consistent with Gold Coast Transit and the City of Thousand Oaks;
4. Restrict Dial-A-Ride to Americans with Disabilities Act eligible riders, eliminating the Senior Dial-A-Ride component of the program;
5. Provide other recommendations to the City Council.

Fixed-Route Fares

The more passengers that use the fixed-route service, the lower the City’s per passenger cost will be. Thus, increasing ridership will assist with maintaining the bulk pass and senior/disabled subsidies and fare box recoveries. Based on the cost/revenue analysis and a review of other local agency fares (Table 4), it is proposed to increase the adult/student fare from \$1.25 to \$1.50 and the senior/disabled fare from \$0.50 to \$0.75.

Table 4 – Fixed-Route Fare Comparisons

Agency	Regular Fare
City of Camarillo	\$1.00
City of Moorpark	\$1.00
Oak Park	\$1.00
VCTC VISTA	\$1.25
City of Thousand Oaks	\$1.50
Gold Coast Transit	\$1.50
City of Simi Valley – Current	\$1.25
City of Simi Valley - Proposed	\$1.50

Fixed-Route Fare Options -

1. Maintain existing fares of \$0.50 (Senior/Disabled) and \$1.25 (Adult/Student);
2. Increase Fixed-Route Adult/Student fare to \$1.50;
3. Increase the Senior/Disabled fare to \$0.75;
4. Allow Senior/Disabled to ride fixed route for free;
5. Provide other recommendations to the City Council.

Staff is soliciting the public input, as well as the COA's recommendations to the City Council and welcomes additional ideas and recommendations that may come up during the discussion.

Summary

Simi Valley Transit last revised fares in 2003. Due to changes in state legislation, the City is now required to recover a 20% portion of fixed-route operating expenses through fare revenue, and 10% of ADA Paratransit/DAR operating expenses through fare revenue. These requirements are currently not being met. The proposed fare and senior eligibility changes will allow Simi Valley Transit to provide comparable services and fares, creating consistency and ease of use for riders on a regional basis, and further the City's ability to meet mandated fare box recovery ratios.



Simi Valley Council On Aging

3900 Avenida Simi, Simi Valley, CA 93063 Phone: 805.583.6041 Fax: 805.583.7921

2016 Calendar of Important COA Events

January

8 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
11 – Monday	COA Annual Meeting	1:00 p.m.

February

8 – Monday	COA Meeting	1:00 p.m.
12 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.

March

11 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
14 – Monday	COA Meeting	1:00 p.m.
27 – Sunday	Easter Sunrise Breakfast – FREE (Pending Completion of Kitchen Remodel)	8:00 a.m. – 11:00 a.m.

April

8 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
11 – Monday	COA Meeting	1:00 p.m.
20 – Wednesday	Wellness Expo	8:00 a.m. – 12:00 p.m.

May

9 – Monday	COA Meeting	1:00 p.m.
13 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.

June

10 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
13 – Monday	COA Meeting	1:00 p.m.

July

	<i>COA Dark – No Meeting</i>	
8 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
16 – Saturday	Stars & Stripes Ice Cream Social	12:30 p.m. – 4:30 p.m.

August

	<i>COA Dark – No Meeting</i>	
12 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.

September

9 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
10 – Saturday	Bingo Bonanza	9:30 a.m. – 3:00 p.m.
12 – Monday	COA Meeting	1:00 p.m.



Simi Valley Council On Aging

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2016 Calendar of Important COA Events

October

10 – Monday	COA Meeting	1:00 p.m.
14 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
14 – Friday	Fall Arts & Crafts Fair	9:00 a.m. – 3:00 p.m.
15 – Saturday	Fall Arts & Crafts Fair	8:00 a.m. – 3:00 p.m.
15 – Saturday	Pancake Breakfast <i>Rotary Club of Simi Valley</i>	8:00 a.m. – 11:00 a.m.

November

4 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
14 – Monday	COA Meeting	1:00 p.m.
23 – Wednesday	Thanksgiving Eve Dinner – FREE <i>Simi Sunrise Rotary</i>	5:00 p.m. – 8:00 p.m.

December

9 – Friday	COA Dance	7:30 p.m. – 10:00 p.m.
12 – Monday	COA Meeting	1:00 p.m.
30 – Friday	COA New Year's Eve Eve Dance	7:00 p.m. – 11:00 p.m.