



June 2017 Simi Valley Senior Center

SENIOR NEWS



Simi Valley Council On Aging Executive Board

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www.simivalley.org

The Simi Valley Senior Center Performing Arts Group
Presents a Musical Comedy

HI-JINX ON THE HIGH SEAS!

Thursday, June 29 • 1:30 - 3:30 p.m.
Friday, June 30 • 7:00 - 9:00 p.m.

All Are Welcome • Admission is Free • No Reservation Required
Complimentary Refreshments • Opportunity Drawings for Prize Baskets

Simi Valley Senior Center • 3900 Avenida Simi, Simi Valley 93063

Bob Huber, Mayor Mike Judge, Mayor Pro Tem Glen T. Becerra, Council Member Keith L. Mashburn, Council Member Dee Dee Cavanaugh, Council Member

Simi Valley Senior Center 3900 Avenida Simi, Simi Valley, CA 93063 805.583.6363

Recreation Programs at the Senior Center

The Simi Valley Senior Center and the Rancho Simi Recreation and Park District have partnered to offer a wide variety of activities. Whether you are looking to resume a favorite hobby, improve your health, or just meet new people, the Center has something for everyone!



Dance

- ◇ Ballet
- ◇ Clogging
- ◇ Line Dancing
- ◇ Tappers
- ◇ West Coast Swing
- ◇ Victorian Dance

Fitness



- ◇ Chair Arthritis, Chair Yoga & Chair Zumba
- ◇ Golf Lessons & Croquet
- ◇ Hoops for your Droops
- ◇ Bocce Ball, Horseshoes, Lawn Bowling, Shuffleboard, Pickleball, & Ping Pong
- ◇ Low Impact Aerobics, Pilates
- ◇ Parkinson's Exercise Group
- ◇ Senior Kickboxing
- ◇ Strength Building
- ◇ Therapeutic Fitness
- ◇ Zumba Gold

Educational Classes

- ◇ Computer: Basic, Intro to eBay, MS PowerPoint, Windows 10, Total Technology: Cell Phones, Learn to Use Your Fitbit, Internet/Web Research,
- ◇ Books & Movies
- ◇ Digital Photography

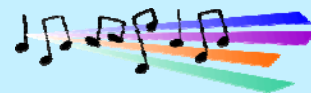


Clubs



- ◇ Beading & Jewelry
- ◇ Billiards
- ◇ Bunco
- ◇ Cards: Bridge, Cribbage, Pinochle, Poker
- ◇ Knitting, Crochet, & Quilting
- ◇ Scrapbooking
- ◇ Simi Settlers Amateur Radio
- ◇ Gold Coast Treasure Hunters

Music



- ◇ Guitar (Beginning/Intermediate)
- ◇ Simi Orchestra

Arts & Crafts

- ◇ Acrylic-Oil Painting, Drawing, & Water-color
- ◇ Ceramics, Creative Mosaics & Multi-Media Art
- ◇ Grandparent & Me Crafts
- ◇ Woodcarving



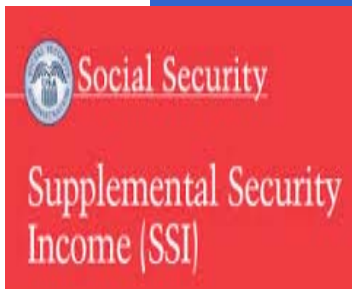
Register online at www.rsrpd.org or in person at the Senior Center main desk Monday thru Friday between 8:00 a.m. to 5:00 p.m.

The Four Government Programs Seniors Should Understand

Do you know the difference between Medicare and Medi-Cal? What about Social Security versus Social Security Supplemental Security Income (SSI)? Join Senior Advocate Betty Berry to find out more about these valuable programs.

Gain a deeper understand of the workings, eligibility requirements and the populations served by Social Security, Medicare, SSI and Medi-Cal. You may never need to use

some of these programs, but you should know they exist and the benefits they provide to those who qualify for them.



Betty Berry will provide an overview of these programs on Thursday, June 22 from 1:30 to 3:00 p.m. at the Senior Center.

The presentation is free but reservations are required. Please stop by the main desk or call (805) 583-6363 to sign up.

Will You Pass Your Next Driving Test?



Have you received notice that you are required to take your written drivers test again? Taking it can be intimidating, especially if it has been many years since you last took the test.

Senior Advocate Betty Berry is here to help! She will once again present this very popular workshop on Tuesday, June 27 from 1:30 to 3:00 p.m. at the Senior Center. She will offer helpful hints on how to prepare so you can feel confident when you take the test. Handouts will be provided.

Attend this class so you can feel confident about passing your next driving test!

There is no charge, but space is limited. To reserve your spot, stop by main desk or call (805) 583-6363.



JUNE 2017 CLASSES, CLUBS AND ACTIVITIES SCHEDULE

Most [REC] activities, clubs & classes meet at the Simi Valley Senior Center

MONDAY	ACTIVITY	START		END	DATE(S)	OTHER INFO
Arts/Crafts	B.Y.O.C. (Bring Your Own Crafts) Group	9:00 am	-	12:00 pm		Full
	Ceramics - Handbuild/Wheel [REC]	10:00 am	-	1:00 pm	Begins June 26	Registration req.
	Ceramics - Handbuild/Wheel [REC]	1:00 pm	-	4:00 pm	Begins June 26	Registration req.
	Oil Painting - All levels [REC]	12:30 pm	-	3:30 pm	Begins June 26	Registration req.
	Oil Painting/Drawing - Beginning, Part B [REC]	9:00 am	-	12:00 pm	Begins June 26	Registration req.
	Open Art Studio Club [REC]	6:00 pm	-	9:00 pm		
	Quilt Club	2:00 pm	-	4:30 pm		
	Scrapbooking Club [REC]	3:00 pm	-	6:00 pm		
Cards/Games	Billiards Club [REC]	8:00 am	-	4:45 pm		
	Billiards Club [REC]	7:00 pm	-	9:45 pm		
	Cribbage Club [REC]	6:00 pm	-	9:30 pm		
	Mah Jongg	10:00 am	-	2:30 pm		
	Microsoft Excel	6:00 pm	-	7:30 pm		Registration req.
	Pan Card Game Club	10:00 am	-	3:00 pm		
Computers	Introduction to Ebay [REC]	6:00 pm	-	7:30 pm	Begins June 26	Registration req.
	Sit 'n' Click Open Computer Lab	12:30 pm	-	4:45 pm		
	Total Technology: Laptop/Tablet [REC]	3:30 pm	-	5:00 pm	June 12	Registration req.
Education	Simi Strings Orchestra [REC]	6:00 pm	-	9:30 pm		Registration req.
Groups/Clubs	Books & Movies: <i>The Ghost and Mrs. Muir</i> [REC]	6:30 pm	-	10:00 pm	June 26	Registration req.
	Council On Aging (COA) Meeting	1:00 pm	-	3:00 pm	June 12	
	Drama Club	1:00 pm	-	3:00 pm		
	Genealogy Club	1:00 pm	-	3:00 pm	June 12, 26	
	Stamp & Coin Club	1:00 pm	-	3:00 pm	June 5, 19	
Health/Fitness	Chair Yoga [REC]	9:45 am	-	10:45 am	Begins June 26	Registration req.
	Introduction to Ballet [REC]	5:30 pm	-	6:45 pm	Begins June 26	Registration req.
	Line Dancing - Advanced	8:30 am	-	10:30 am		Drop-in, free
	Monday Tappers - Intermediate [REC]	1:15 pm	-	2:15 pm	Begins June 26	Registration req.
	Monday Tappers - Beginner [REC]	2:15 pm	-	3:15 pm	Begins June 26	Registration req.
	Ping Pong [REC]	2:30 pm	-	4:30 pm		
	Strength Building [REC]	3:30 pm	-	4:30 pm		Registration req.

MON. (CONT.)	ACTIVITY				DATE(S)	OTHER INFO
Health/Fitness	Tai Chi - Beginning	12:10 pm	-	1:10 pm	New students 1st Monday of month	
	Tai Chi - Intermediate/Advanced	11:00 am	-	12:00 pm		
	Wii Bowling/Sports	12:15 pm	-	4:45 pm		Sign-up req.
	Yoga [REC]	7:00 pm	-	8:00 pm	Begins June 26	Registration req.
	Yoga for Positive Health [REC]	8:00 am	-	9:30 am		
Social Services	Cal-Fresh Food Assistance	9:00 am	-	2:00 pm	June 19	Appt. req.
	Coping with Life	10:00 am	-	11:30 am		
	Home Energy Assistance Program (HEAP)	9:00 am	-	2:00 pm	June 19	Appt. req.
	Hearing Screening - Decibel Hearing	9:00 am	-	11:00 am	June 5	Appt. req.
	Low Vision Consultations	10:00 am	-	12:00 am	June 12	Appt. req.
	V.I.P. Low Vision Support Group	9:00 am	-	12:00 pm		
TUESDAY	ACTIVITY				DATE(S)	OTHER INFO
Arts/Crafts	Acrylic / Oil Painting [REC]	6:30 pm	-	9:00 pm	Begins June 27	Registration req.
	Ceramics - Handbuilding/Wheel [REC]	10:00 am	-	1:00 pm	Begins June 27	Registration req.
	Ceramics - Handbuilding/Wheel [REC]	1:00 pm	-	4:00 pm	Begins June 27	Registration req.
	Ceramics - Handbuilding/Wheel [REC]	6:00 pm	-	9:00 pm	Begins June 27	Registration req.
	Creative Mosaics	3:00 pm		6:00 pm	Begins June 27	Registration req.
	Watercolor Painting Part B [REC]	12:30 pm	-	3:30 pm	Begins June 27	Registration req.
	Woodcarving Club [REC]	9:00 am	-	12:00 pm		
Cards/Games	Billiards Club [REC]	8:00 am	-	4:45 pm		
	Billiards Club [REC]	7:00 pm	-	9:45 pm		
	Chicago Bridge	9:30 am	-	12:00 pm		
	Hand and Foot Card Game	9:45 am	-	4:45 pm		
	Pinochle	12:00 pm	-	4:00 pm		
Computers	Microsoft Basic - Int. Computer Skills [REC]	7:00 pm	-	9:00 pm		Registration req.
	Sit 'n' Click Open Computer Lab	12:30 pm	-	4:45 pm		
	Total Technology: Using Cellphone [REC]	3:30 pm	-	5:00 pm	June 20	Registration req.
Entertainment	Movies in the Lounge	12:30 pm	-	3:00 pm		
Groups/Clubs	Poker Club	6:15 pm	-	9:45 pm		
	Women's Discussion Group	10:00 am	-	11:30 am		
Health/Fitness	Arthritis Chair Exercise [REC]	10:30 am	-	11:30 am		
	Blood Pressure Screening	9:00 am	-	11:00 am		
	Clogging - Beginning I [REC]	6:45 pm	-	7:30 pm		
	Clogging - Easy Intermediate [REC]	7:30 pm	-	8:15 pm		
	Clogging - Intermediate [REC]	8:15 pm	-	9:00 pm		
	Croquet - Beginning (Golf Croquet) [REC]	9:00 am	-	11:00 am		
	Golf Lessons [REC]	9:00 am	-	11:00 am	Begins June 27	Registration req.

TUES. (CONT.)	ACTIVITY	START		END	DATE(S)	OTHER INFO
	Hoops for your Droops [REC]	7:00 pm	-	8:00 pm	Begins June 27	Registration req.
Health/Fitness	Indoor Lawn Bowling [REC]	1:00 pm	-	3:00 pm		
	Low-Impact Aerobics [REC]	5:30 pm	-	6:30 pm		Registration req.
	Pickleball [REC]	8:30 am	-	12:00 pm		
	Ping Pong [REC]	12:00 pm	-	2:00 pm		
	Senior Kickboxing [REC]	9:30 am	-	10:25 am	Begins June 27	Registration req.
	Stretch, Strengthen, and Aerobics [REC]	2:45 pm	-	4:45 pm	Begins June 27	Registration req.
	Tuesday Tappers - Beginning [REC]	4:30 pm	-	5:30 pm	Begins June 27	Registration req.
	Tuesday Tappers - Intermediate [REC]	3:30 pm	-	4:30 pm	Begins June 27	Registration req.
	Yoga for Positive Health [REC]	8:00 am	-	9:30 am		
	Zumba Gold [REC]	9:15 am	-	10:15 am	Begins June 27	Registration req.
	Zumba Gold [REC]	6:00 pm	-	7:00 pm	Begins June 27	Registration req.
Social Services	ADA Card Interviews for Dial-A-Ride	8:30 am	-	2:30 pm	June 13, 24	App. req.
	HICAP Health Insurance Counseling	10:00 am	-	1:00 pm		Appt. req.
	Notary Service - Free	8:00 am	-	5:00 pm	Call for info. (805) 583-6363	
	Prostate Cancer Support Group	7:00 pm	-	9:00 pm	June 18	
	Senior Share Food Program	9:30 am	-	10:30 am		Application req.
WEDNESDAY	ACTIVITY	START		END	DATE(S)	OTHER INFO
Arts/Crafts	Beading and Jewelry Club [REC]	6:00 pm	-	8:30 pm		
	Ceramics Handbuilding/Wheel [REC]	10:00 am	-	1:00 pm	Begins June 28	Registration req.
	Ceramics Handbuilding/Wheel [REC]	1:00 pm	-	4:00 pm	Begins June 28	Registration req.
	Jewelry Finishing Club [REC]	1:30 pm	-	4:00 pm		
	Knit & Crochet Club [REC]	9:00 am	-	12:00 pm		
	Multi-Media Art [REC]	9:00 am	-	12:00 pm	Begins June 28	Registration req.
	Multi-Media Art [REC]	12:30 pm	-	3:30 pm	Begins June 28	Registration req.
	Quality Quilters Club [REC]	9:00 am	-	1:00 pm		
Cards/Games	Billiards Club [REC]	8:00 am	-	4:45 pm		
	Billiards Club [REC]	7:00 pm	-	9:45 pm		
	Chess Club	1:00 pm	-	4:30 pm		
	Duplicate Bridge [REC]	1:00 pm	-	5:00 pm		
	Mah Jongg	12:00 pm	-	4:30 pm		
	Pinochle	12:30 pm	-	4:45 pm		
	Pinochle - Double Deck [REC]	6:30 pm	-	9:30 pm	June 14, 28	
Computers	"Let's Find Out!" (Web Research) [REC]	12:00 pm	-	2:00 pm	Begins June 28	Registration req.
Education	Beginning Guitar [REC]	2:45 pm	-	3:45 pm	Begins June 28	Registration req.
	Intermediate Guitar [REC]	3:45 pm	-	4:45 pm	Begins June 28	Registration req.
Groups/Clubs	Simi Scribblers Writers' Group	10:00 am	-	12:00 pm		
	Treasure Hunters Metal Detectors [REC]	6:30 pm	-	9:00 pm	June 21	

WED. (CONT.)	ACTIVITY	START		END	DATE(S)	OTHER INFO
Health/Fitness	Chair Yoga, Stretch & Balance [REC]	1:00 pm	-	2:00 pm	Begins June 28	Registration req.
	Golf Lessons [REC]	9:00 am	-	11:00 am	Begins June 28	Registration req.
	Line Dancing [REC]	5:30 pm	-	6:45 pm		Registration req.
	Line Dancing [REC]	7:00 pm	-	8:15 pm		Registration req.
	Pedicure Clinic	9:00 am	-	3:00 pm	June 7, 21	Appt./fee req.
	Pilates [REC]	10:15 am	-	11:15 am	Begins June 28	Registration req.
	Relaxation & Meditation [REC]	8:00 am	-	8:50 am		
	Strength Building [REC]	5:30 pm	-	6:30 pm		Registration req.
	Tai Chi Practice	8:30 am	-	9:30 am		
	Therapeutic Fitness [REC]	11:30 am	-	12:30 pm	Begins June 28	Registration req.
	Wii Bowling/Sports	12:15 pm	-	4:45 pm		Sign-up req.
	Yoga Level II [REC]	7:00 pm	-	8:00 pm	Begins June 28	Registration req.
	Zumba Gold [REC]	9:00 am	-	10:00 am	Begins June 28	Registration req.
Social Services	Diabetes Support Group	10:30 am	-	12:00 pm	June 7	
	Home Share	10:00 am	-	1:00 pm		Appt. preferred
	Senior Advocate	9:00 am	-	2:00 pm		Appt. preferred
	Veterans' Counseling	9:00 am	-	11:00 am	June 7	Appt. preferred
	Widows' & Widowers' Support Group	10:30 am	-	12:00 pm	Call for info.	(805) 583-6363
THURSDAY	ACTIVITY	START		END	DATE(S)	OTHER INFO.
Arts/Crafts	Ceramics Casting, Airbrush, Decals [REC]	9:00 am	-	3:00 pm	Begins June 29	Registration req.
	Ceramic Handbuilding Workshop [REC]	9:00 am	-	12:00 pm	Begins June 29	Registration req.
	Ceramic Handbuilding Workshop [REC]	12:00 pm	-	3:00 pm	Begins June 29	Registration req.
	Crochet, Sew & Chat	9:30 am	-	11:30 am		
	Oil & Acrylic Painting [REC]	12:30 pm	-	3:30 pm	Begins June 29	Registration req.
	Quilting Club [REC]	9:00 am	-	12:00 pm		
	Quilting Club [REC]	5:00 pm	-	9:30 pm		
	Scrapbooking Club [REC]	9:00 am	-	12:00 pm		
	Sewing Club [REC]	5:00 pm	-	9:30 pm		
	Woodcarving Class [REC]	9:00 am	-	12:00 pm	June 29	Registration req.
Cards/Games	Billiards Club [REC]	8:00 am	-	4:45 pm		
	Billiards Club [REC]	7:00 pm	-	9:45 pm		
	Bunco Daytime [REC]	10:00 am	-	12:00 pm	June 8	
	Bunco Club [REC]	7:00 pm	-	9:00 pm	June 15	
	Canasta/Hand & Foot Cards	11:00 am	-	4:45 pm		
Cards/Games	Games Club [REC]	6:30 pm	-	9:30 pm	June 22	
	Rummikub Club	1:45 pm	-	4:45 pm		
Computers	Digital Photography [REC]	8:30 am	-	10:30 am		Registration req.

THU. (CONT.)	ACTIVITY	START		END	DATE(S)	OTHER INFO.
Computers	Facebook & Twitter [REC]	10:45 am	-	12:45 pm		Registration req.
	Sit 'n' Click Open Computer Lab	1:00 pm	-	4:45 pm		
Education	History Overview Course [REC]	1:00 pm	-	2:00 pm		Registration req.
Entertainment	Movies in the Lounge	12:30 pm	-	3:00 pm		
Groups/Clubs	Karaoke	2:30 pm	-	4:30 pm		
	Rancho Simi Senior Club	1:30 pm	-	4:00 pm	June 8	
	Simi Settlers Radio Club [REC]	7:00 pm	-	9:00 pm	June 8	
Health/Fitness	Arthritis Chair Exercise [REC]	1:15 pm	-	2:15 pm		
	Horseshoes [REC]	9:00 am	-	11:00 am		
	Golf Lessons [REC]	9:00 am	-	11:00 am	Begins June 29	Registration req.
	Low Impact Aerobics [REC]	5:30 pm	-	6:30 pm		Registration req.
	Chair Zumba [REC]	8:30 am	-	9:25 am	Begins June 29	Registration req.
	Parkinson's Exercise [REC]	11:30 am	-	12:30 pm		Registration req.
	Pickleball [REC]	8:30 am	-	12:00 pm		Registration req.
	Ping Pong [REC]	7:00 pm	-	9:30 pm		
	Senior Fitness Club [REC]	9:30 am	-	10:25 am	Begins June 29	Registration req.
	Shuffleboard [REC]	1:00 pm	-	3:00 pm		
	Stretch, Strengthen, and Aerobics [REC]	2:45 pm	-	4:45 pm		Registration req.
	Tai Chi - Intermediate/Advanced	10:30 am	-	11:30 am		
Social Services	Alzheimer's Support Group & Respite	10:30 am	-	12:00 pm	June 1, 15	Respite provided
	Disabled American Veterans Support	3:00 pm	-	5:00 pm	June 8	
	Fibromyalgia Support Group	3:00 pm	-	4:45 pm	June 1	
	Home Energy Assistance Program (HEAP)	9:00 am	-	2:00 pm	June 1	Appt. req.
	Low Vision Consultations	9:00 am	-	12:00 pm	June 12	Appt. req.
	Parkinson's Support Group	1:00 pm	-	3:00 pm	June 15	
	Senior Kit Food Program	9:00 am	-	11:00 am	June 8	Registration req.
FRIDAY	ACTIVITY	START		END	DATE(S)	OTHER INFO.
Arts/Crafts	Ceramics - Handbuild/Wheel [REC]	10:00 am	-	1:00 pm	Begins June 30	Registration req.
	Ceramics - Handbuild/Wheel [REC]	1:00 pm	-	4:00 pm	Begins June 30	Registration req.
	Knit & Crochet Club [REC]	9:00 am	-	12:00 pm		
	Watercolor [REC]	9:00 am	-	12:00 pm	Begins June 30	Registration req.
	Watercolor [REC]	12:30 pm	-	3:30 pm	Begins June 30	Registration req.
Cards/Games	Billiards Club [REC]	8:00 am	-	4:45 pm		

FRI. (CONT.)	ACTIVITY	START		END	DATE(S)	OTHER INFO.
Cards/Games	Billiards Club [REC]	7:00 pm	-	9:45 pm		
	Bingo - Grab Bag	1:00 pm	-	2:30 pm		
	Decorative Arts Club [REC]	9:00 am	-	1:00 pm		
	Duplicate Bridge: Non-sanct. [REC]	7:00 pm	-	10:45 pm		
	Fun Bridge Club	1:00 pm	-	4:45 pm		
	Mah Jongg	9:30 am	-	2:00 pm		
	Mah Jongg	12:00 pm	-	4:30 pm		
Computers	Basic Computer Skills [REC]	8:30 am	-	10:30 am		Registration req.
	Sit 'n' Click Open Computer Lab	12:30 pm	-	4:45 pm		
Entertainment	COA Dance - CANCELED due to floor repairs	7:30 pm	-	10:00 pm	Canceled	
Health/Fitness	Ballet - Intro [REC]	8:45 am	-	10:00 am	Begins June 30	Registration req.
	Bocce Ball [REC]	8:30 am	-	10:30 am		
	Gentle Yoga [REC]	11:30 am	-	12:30 pm		Registration req.
	Pilates - Strength [REC]	10:15 am	-	11:15 am		Registration req.
	Ping Pong [REC]	12:45 pm	-	4:30 pm		
	Ping Pong [REC]	7:00 pm	-	10:00 pm		
	Victorian Dance [REC]	7:00 pm	-	10:00 pm	June 16	Registration req.
	West Coast Swing [REC]	6:30 pm	-	10:00 pm	June 23	Registration req.
	Wii Bowling/Sports	9:15 am	-	1:45 pm		Sign-up req.
Social Services	COPD Support Group	1:30 pm	-	3:00 pm	June 16	
SATURDAY	ACTIVITY	START		END	DATE(S)	OTHER INFO.
Arts/Crafts	Focus on Color - Watercolor [REC]	9:00 am	-	11:30 am		Registration req.
	Grandparent & Me: Toolbox <i>Father's Day Card</i> [REC]	9:30 am	-	11:00 am	June 10	Registration req.
	Quilting Club [REC]	9:00 am	-	12:00 pm		
Computers	Digital Photography [REC]	8:00 am	-	10:00 am		Registration req.
Groups/Clubs	Women's Book Club - <i>Ordinary Grace</i>	10:00 am	-	12:00 pm	June 17	
Health/Fitness	Billiards Club [REC]	8:00 am	-	12:00 pm		
	Ping Pong [REC]	10:00 am	-	12:15 pm		
	Walking Tour of Corriganville [REC]	10:00 am	-	12:00 pm	June 17	
	Yoga for Positive Health [REC]	8:00 am	-	9:30 am		
Social Services	Adoption Aftermath & Birth Mothers Support	9:00 am	-	12:00 pm	June 17	
	Grey Law Legal Services	9:00 am	-	12:00 pm	Call for appt.	(805) 658-2266

The June 9 Council On Aging
Dance is cancelled
due to floor repairs.

Dance Floor
UNDER
CONSTRUCTION

CANCELLED

COUNCIL ON AGING MEETING

The Council On Aging (COA) General Membership meeting takes place at 1:00 p.m. on the second Monday of each month at the Simi Valley Senior Center in Classrooms 106 and 107.

The next COA meeting will be held:

June 12, 2017

All seniors 60 years or older who reside in the City of Simi Valley are automatically voting members of the COA.

The agenda is posted at both entrances of the Senior Center and can be viewed online 72 hours prior to the meeting at www.simivalley.org/COA.

Come find out what is going on with seniors at your Senior Center!

Volunteer of the Month



As a Senior Center Ambassador, Diane Farrell has done a fantastic job welcoming newcomers for over two years. As she says, "I love newbies!" She is highly skilled at computer work and faithfully and competently ensures things run smoothly at the main desk. Diane handles even the most hectic situations with her calming, positive energy. She also assists with special events, such as our recent Wellness Expo. Thank you, Diane, for all of the wonderful help you provide to staff and seniors alike!

Join a Game of Pan!



The card game **Panguingue** (pronounced "pan-ginn'-gay"), often called "**Pan**" for short, was a staple of the gambling halls during the Californian gold rush in the mid-1800's. Pan is similar to rummy, is easy to learn and is also a wonderful opportunity to meet new friends and socialize.

The Pan Club meets every Monday from 10:00 a.m. to 3:00 p.m. and newcomers are welcome to drop in at any time!



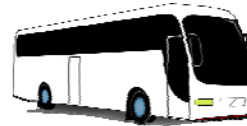
Lunches are served weekdays from 11:30 a.m. until 12:30 p.m., with a salad window option on Wednesdays and Thursdays. The suggested donation for seniors age 60 or older is \$3.00. Those under 60 are required to pay \$6.75. **Lunch check-in is from 9:30 to 11:15 a.m.**

Please note: From June 1 to June 16, the Multipurpose Room will be closed for floor repairs. During this time, lunches will be served in Classroom 107 or on the Patio from 11:45 a.m. to 12:45 p.m. and daily entertainment will be canceled.

- * **Monday, June 19 & 26, Pianist Norma Hickox**
- * **Tuesday, June 20 & 27, Live music by Reflections, 10:30 a.m. - 12:00 p.m.**
- * **Wednesday, June 21, Live music by Old Country Grass Band**
- * **Wednesday, June 28, Live music by Phil Mercurio, Electric Blues Guitarist**
- * **Thursday, June 22 & 29, Live music by Belles & Beaus Choir 10:30 - 11:30 a.m.**
- * **Friday, June 23, Live music by Coop's Déjà Vu**
- * **Friday, June 30, Medley favorites music by Don Newcomer**

Entertainment is from 11:00 to 11:55 a.m. unless otherwise noted.

SENIOR EXCURSIONS



**Santa Anita Horse Races
June 29, 2017**

**Pechanga Casino
July 11, 2017**

**Big Bear Mountain Lake Escape
July 26, 2017**

**Ventura County Fair
August 8, 2017**

**Garden of the Gods
Colorado Springs, CO
September 9 - 17, 2017**

**Coast Starlight and Hawaii Cruise
September 20 - October 2, 2017**

**Islands of New England
October 3 - 10, 2017**

Call (805) 583-6363 for more information.

Register in person at the Senior Center main desk Monday through Friday, 8:00 a.m. to 4:30 p.m. Credit cards or checks only. No cash.

Senior Center Hours:
Monday through Friday 8:00 a.m. to 5:00 p.m.

Simi Valley Senior Center
3900 Avenida Simi
Simi Valley, CA 93063

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**SENIOR CENTER
STAFF**

Assistant Managers

Claudia Hapip
(805) 583-6044

Robert Martin
(805) 583-6364

Secretary

Raquel Wirth
(805) 583-6363

Rendezvous Café

(805) 583-6363

Rendezvous Café

Cook

Gregory Seymour

Meals On Wheels

Coordinator

Suzanna Colwell
(805) 583-6042



Retirement

Please join us in wishing
Laurie Dickinson
a wonderful retirement!

Monday, June 12 at 2:00 p.m.
following the COA meeting

Simi Valley Senior Center
Classrooms 106 & 107